24.13.01 – RULES GOVERNING THE PHYSICAL THERAPY LICENSURE BOARD

	GAL AUTHORITY. are promulgated pursuant to Section 54-2206, Idaho Code. ()		
	OPE. govern the practice of physical therapy in Idaho.)		
002 009.	(RESERVED)			
010. DE	FINITIONS.			
01.	rapist assistant, but who are employed by and/or trained under the direction of a licensed phy		(
therapist to p	perform designated non-treatment patient related tasks and routine physical therapy tasks. Non-Treatment Patient Related Tasks. Actions and procedures related to patient care the) L at-do		Commented [KS1]: Board agreed to strike per 8/2022 board meeting
	direct patient treatment or direct personal supervision, but do require a level of supervision not less	than		
and cold pa	ervision, including, but not limited to: treatment area preparation and clean-up, equipment set-up, tek preparation, preparation of a patient for treatment by a physical therapist or physical therap	apist	{	Commented [KS2]: Board agreed to strike per 2/2023 board meeting
assistant wh	en such assistance is requested by a physical therapist or physical therapist assistant when safety			
effective trea	atment would so require. ()		
physical the	Routine Physical Therapy Tasks. Actions and procedures within the scope of practic rapy, which do not require the special skills or training of a physical therapist or physical ther			
assistant, rei	ndered directly to a patient by supportive personnel at the request of and under the direct per-	sonal		
	of a physical therapist or physical therapist assistant. (Commented [KS3]: Board agreed to strike per 2/2023
04.	Testing. ()	l	board meeting
a.	Standard methods and techniques used in the practice of physical therapy to gather data a	bout		
individuals i)		
i.	Electrodiagnostic and electrophysiological measurements; (
ii.	Assessment or evaluation of muscle strength, force, endurance and tone;			
iii	Reflexes:			
		,		
1V.	Automatic reactions; ()		
V.	Posture and body mechanics; (
vi.	Movement skill and accuracy; (
vii.	Joint range of motion and stability; (
viii	. Sensation;)		
ix.	Perception; (
G	Post 1 222	2022		
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v	Peripheral nerve function integrity; ()		
Α.	rempheral nerve function integrity,		
xi.	Locomotor skills; ()		
xii.	Fit, function and comfort of prosthetic, orthotic, and other assistive devices; ()		
Xiii.	Limb volume, symmetry, length and circumference; ()		
xiv.	Clinical evaluation of cardiac and respiratory status to include adequacy of pulses, noninvasive		
assessment of pe	eripheral circulation, thoracic excursion, vital capacity, and breathing patterns; ()		
XV.	Vital signs such as pulse, respiratory rate, and blood pressure; ()		
xvi.	Activities of daily living; and the physical environment of the home and work place; and ()		
xvii.	Pain patterns, localization and modifying factors; and ()		
xviii.	Photosensitivity. ()		
<u></u>	Specifically excluded are the ordering of electromyographic study, electrocardiography,		
	nvasive vascular study, selective injection tests, or complex cardiac or respiratory function studies		
without consulta	ttion and direction of a physician. ()	'	Commented [KS4]: Testing is in statute-
05.	Functional Mobility Training. Includes gait training, locomotion training, and posture training.		(a) Examining, evaluating and <u>testing</u> individuals with mechanical, physiological and developmental impairments,
lo c		\	functional limitations, and disability or other health and movement-related conditions in order to determine a diag-
the purpose of:	Manual Therapy. Skilled hand movements to mobilize or manipulate soft tissues and joints for	\ \ \	nosis for physical therapy and prognosis for physical thera- py, plan of therapeutic intervention, and to assess the ongo-
-	Modulating pain, increasing range of motion, reducing or eliminating soft tissue swelling,	N.	ing effects of intervention.
inflammation or		1	Strike- empower our licenses to work at their level of educa-
h	Inducing relaxation; ()	\ \ \	tion training and experience rather than list of illustrative lists .
10.	inducing relaxation,		Commented [KS5]: This term is called out in statute-
c.	Improving contractile and non-contractile tissue extensibility; and ()		(b) Alleviating impairments and functional limitations by
d.	Improving pulmonary function. ()		designing, implementing and modifying therapeutic interventions that include, but are not limited to: therapeutic
07.	Physical Agents or Modalities. Thermal, acoustic, radiant, mechanical, or electrical energy used	\ \ \	exercise; <u>functional mobility training</u> in self-care and in- home, community or work reintegration;
to produce physi	iologic changes in tissues. ()	, ',	
08.	General Supervision. A physical therapist's availability at least by means of telecommunications,	``	Commented [KS6]: manual therapy; assistive, adaptive,
	require a physical therapist to be on the premises where physical therapy is being provided, for the	ì	protective and supportive devices and equipment; bron-
direction of a ph	ysical therapist assistant. (\ \ \	chopulmonary hygiene; debridement and wound care; physical agents or modalities; mechanical and electrotherapeutic
09.	Direct Supervision. A physical therapist's or physical therapist assistant's physical presence and under direction in person and on the premises where physical therapy is being provided.	1	modalities; and patient-related instruction; and to reduce
avanaomiy to re	nucl direction in person and on the premises where physical therapy is being provided.	1	the risk of injury, impairment, functional limitation, and disability, including the promotion and maintenance of fit-
= 10.	Direct Personal Supervision. A physical therapist's or physical therapist assistant's direct and sical presence and availability to render direction, in person and on the premises where physical	1	ness, health, and quality of life in all age populations. The practice of physical therapy shall not include the use of ra-
therapy is being	t provided. The physical therapist or physical therapist assistant must have direct contact with the	1	diology, surgery or medical diagnosis of disease; and

Commented [KS7]: Reworked into new Practice Standards section

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initial plan of care and/or who has maintained regular treatment sessions with a patient. Such physical therapist's designation of another licensed physical therapist if the physical therapist who developed and recorded the initial

Supervising Physical Therapist. A licensed physical therapist who developed and recorded the

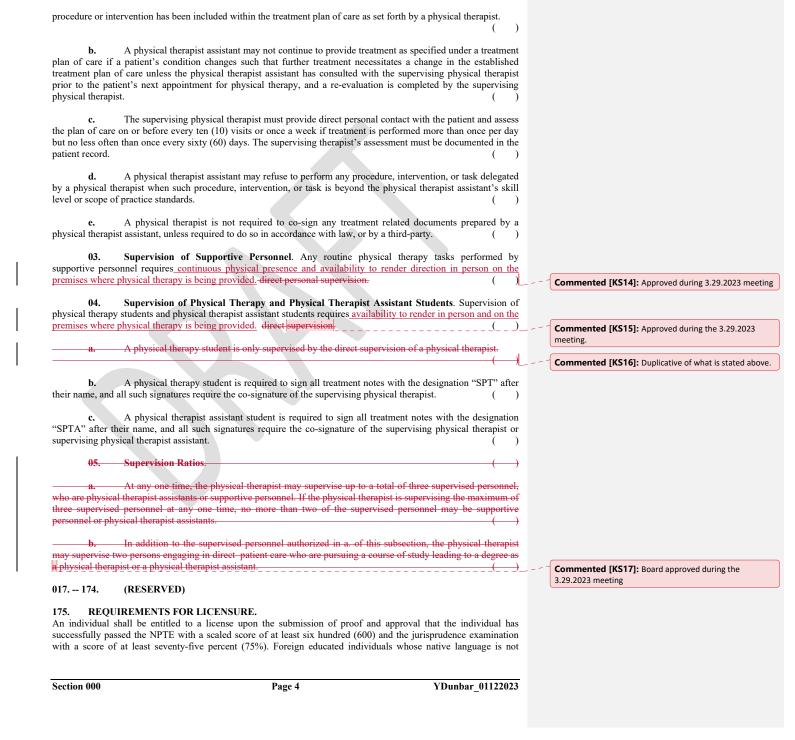
patient during each session and assess patient response to delegated treatment.

communications. ()	Commented [KS8]: Board approved to strike during
12. Nationally Accredited School. A school or course of physical therapy or physical therapist	3.29.2023 Board meeting.
stant with a curriculum approved by the Commission on Accreditation in Physical Therapy Education (CAPTE) in accrediting agency recognized by the U.S. Department of Education, the Council on Postsecondary.	
reditation, or a successor entity, or both. ()	Commented [KS9]: Board agreed to strike per 8/2022 board meeting
13. Examination. The examination is the National Physical Therapy Examination (NPTE) inistered by Federation of State Boards of Physical Therapy. The examination may also include a jurisprudence	
nination adopted by the Board.	Commented [KS10]: Board agreed to strike per 8/202
Supervision: supervision and oversight of a person by a licensed physical therapist when the licensed physical	board meeting
apist is immediately available in person, by telephone, or by electronic communication to assist the person	Commented [KS11]: New definition approved during 3.29.2023 Board meeting.
015. (RESERVED)	
SUPERVISION.	
hysical therapist shall supervise and be responsible for patient care given by physical therapist assistants, nortive personnel, physical therapy students, and physical therapist assistant students.	
01. Procedures and Interventions Performed Exclusively by Physical Therapist. The following edures and interventions shall be performed exclusively by a physical therapist:	
a. Interpretation of a referral for physical therapy if a referral has been received.	
b. Performance of the initial patient evaluation and problem identification including a diagnosis for ical therapy and a prognosis for physical therapy.	
c. Development or modification of a treatment plan of care which is based on the initial evaluation which includes long-term and short-term physical therapy treatment goals.	
d. Assessment of the competence of physical therapist assistants, physical therapy students, physical apist assistant students, and supportive personnel to perform assigned procedures, interventions and routine	
s. ()	
e. Selection and delegation of appropriate portions of treatment procedures, interventions and routine sical therapy tasks to the physical therapist assistants, physical therapy students, physical therapist assistant ents, and supportive personnel.	
f. Performance of a re-evaluation when any change in a patient's condition occurs that is not istent with the physical therapy treatment plan of care, patient's anticipated progress, and physical therapy ment goals.	
g. Performance and documentation of a discharge evaluation and summary of the physical therapy ment plan.	
h. Performance of dry needling. ()	Commented [KS12]: Board agreed to strike per 2/202 board meeting
02. Supervision of Physical Therapist Assistants. A physical therapist assistant must be supervised	
physical therapist by no less <u>than telecommunication</u> standard than general supervision.	Commented [KS13]: Change made per 3.29.2023 bo meeting.

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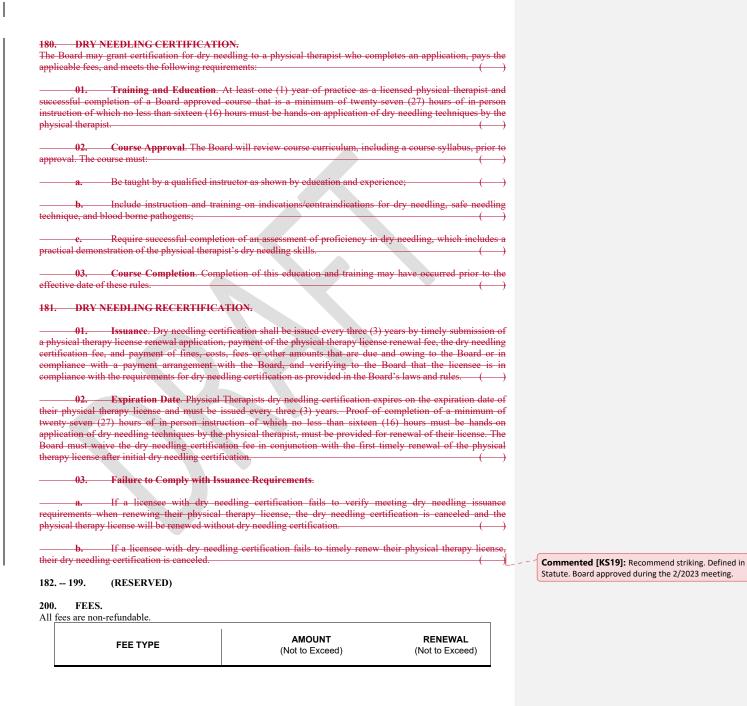
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English must su	abmit proof of successfully passing one (1) of the following English proficiency exams:	()
01. twenty (220) fo	Test of English as a Foreign Language (TOEFL) . Minimum passing scores of two r computer test and five hundred sixty (560) for paper test;	hund (red
passing scores (18) in listening	Test of English as a Foreign Language – Internet-Based Test (TOEFL IBT). Most twenty-four (24) in writing; twenty-six (26) in speaking, twenty-one (21) in reading, and g; or		
03.	Alternative Exams. as otherwise approved by the Board.	()
176. INAC	TIVE STATUS.		
01. active license m	Request for Inactive Status. Licensees requesting an inactive status during the renewal or nust submit a written request and pay the established fee.	f their	F —)
	Continuing Education. All continuing education requirements will be waived for any year that a licensee maintains an inactive license and is not actively practicing in Idaho.	er or	→ [
03.	Reinstatement to Full Licensure from Inactive Status.		
a. holder whose li by:	Return to Active Status of License - Inactive for Five (5) or Fewer Years. An inactive cense has been inactive for five (5) or fewer years may convert from inactive to active license.		
i. (12) months of	Providing documentation to the Board showing successful completion within the previous the following continuing education requirements:	s twe	elve)
(1).	Licenses inactive for three (3) years or less, one (1) year of continuing education; or	()
(2).	Licenses inactive for more than three (3) years, two (2) years of continuing education; and	()
ii.	Paying the appropriate fee.	()
b. holder whose listatus by:	Return to Active Status of License - Inactive for Greater than Five (5) Years. An inactive icense has been inactive for greater than five (5) years may convert from inactive to active to active to active the status of the stat		
i. (12) months of	Providing documentation to the Board showing successful completion within the previous two (2) years of continuing education requirements; and	s twe	elve)
	Providing proof that the licensee has actively engaged in the practice of physical the territory of the United States for at least three (3) of the immediately preceding five (5) nat the licensee is competent to practice in Idaho.		
iii.	The Board may consider the following factors when determining proof of competency:	()
(1).	Number of years of practice prior to transfer from active status;	()
(2).	Employment in a field similar to physical therapy; and	()
(3).	Any other factors the Board deems appropriate.	()
177 179.	(RESERVED)		

Commented [KS18]: Recommend striking. Duplicative of Title 67 Chapter 27.
Change approved per 3.29.2023 board meeting

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Physical Therapist License	\$25	\$25			
Physical Therapist Assistant License	\$20	\$20			
Examination	Established by examination entity plus an administrative fee not to exceed \$20				
Reinstatement	As provided in Section 67-2614, Idaho Code				
Application	\$25				
Dry Needling Certification	\$25	\$25			
Physical Therapist Inactive	\$ 15	\$15			
Physical Therapist Assistant Inactive	\$ 10	\$10			
Inactive to Active License	The difference between the inactive fee and active license renewal fee				

()

201. -- 249. (RESERVED)

250. CONTINUING EDUCATION REQUIREMENT.

- **01.** Renewal of License. Every person holding a license issued by the Board must annually complete sixteen (16) thirty-two (32) contact hours of continuing education every two years prior to license renewal.
- **02. Reinstatement of License**. Any license canceled for failure to renew may be reinstated in accordance with Section 67-2614, Idaho Code, with the exception that the applicant must submit proof of having met the following continuing education requirements:
 - a. For licenses expired for three (3) years or less, one (1) year of continuing education; or
 - **b.** For licenses expired for more than three (3) years, two (2) years of continuing education; ()
- 03. Contact Hours. The contact hours of continuing education must be obtained in areas of study germane to the practice for which the license is issued a certificate of completion or transcript. as approved by the board.
- **Documentation of Attendance**. The applicant must provide documentation verifying attendance by securing authorized signatures or other documentation from the course instructors, providers, or sponsoring institution substantiating any hours attended by the licensee. This documentation must be maintained by the licensee and provided to the board upon request by the board or its agent.
- 05. Excess Hours. Continuing education hours accumulated during the twelve (12) months immediately preceding the license expiration date may be applied toward meeting the continuing education requirement for the next license renewal. Hours in excess of the required hours may be carried forward. Excess hours may be used only during the next renewal period and may not be carried forward more than one (1) time.
- **06.** Compliance Audit. The board may conduct random continuing education audits of those persons required to obtain continuing education in order to renew a license and require that proof acceptable to the board of

Commented [KS20]: Approved during 3.29.2023 meeting with the change to CE being required on a 2 year cycle.

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	ntinuing education requirement be submitted to the Division. Failure to provide proof of m cation upon request of the board are grounds for disciplinary action.	neeting the
07.	Special Exemption. The board has authority to make exceptions for reasons of	individual
	ding health or other good cause. The licensee must provide any information requested by the	
	ntiating hardship cases. This exemption is granted at the sole discretion of the board.	
	Continuing Education Credit Hours. Hours of continuing education credit may be ob	stained by
attending and p	participating in a continuing education activity approved by the Board.	()
	General Criteria. A continuing education activity which meets all of the following	
	continuing education credit:	CITICITA IS
арргориас юг	continuing education electric	()
i.	Constitutes an organized program of learning which contributes directly to the pr	ofessional
	the licensee;	()
——ii.	Pertains to subject matters integrally related and germane to the practice of the profession	n ; ()
:::	Conducted by individuals who have encoiclized education twoining and expension	naa ta ba
	Conducted by individuals who have specialized education, training and experier alified to present the subject matter of the program. The Board may request documentat	
qualifications of		()
1		()
iv.	Application for Board approval is accompanied by a paper, manual or outline which des	scribes the
specific offerin	g and includes the program schedule, goals and objectives; and	()
v.	Provides proof of attendance to licensees in attendance including: Date, location, economic of program contact hours (One (1) contact hour equals one (1) hour of continuing	
	e official signature or verification of the program sponsor.	()
crean.), and the	e official signature of verification of the program sponsor.	()
b.	Specific Criteria. Continuing education hours of credit may be obtained by:	()
	Presenting professional programs which meet the criteria listed in these rules. Two (2)	
	awarded for each hour of presentation by the licensee. A course schedule or brochure	e must be
maintained for	audit;	()
	Providing official transcripts indicating successful completion of academic courses which	h annly to
	sical therapy in order to receive the following continuing education credits:	
1 3		,
(1)	One (1) academic semester hour = fifteen (15) continuing education hours of credit;	()
(2)	One (1) academic trimester hour = twelve (12) continuing education hours of credit;	()
(2)	One (1) academic quarter hour = ten (10) continuing education hours of credit.	()
(3)	One (1) academic quarter nour—ten (10) continuing education nours of credit.	()
iii	Attending workshops, conferences, symposiums or electronically transmitted, live in	interactive
conferences wh	hich relate directly to the professional competency of the licensee;	
		, ,
iv.	Authoring research or other activities that are published in a recognized professional pu	ublication.
The licensee w	rill receive five (5) hours of credit per page;	()
	V' - ' - ' 1 4 1 4 4 1 4 4 1 1 (4 6 H - ' 1 4 1	()
v.	Viewing videotaped presentations if the following criteria are met:	()
(1)	There is a sponsoring group or agency;	
(1)		()
(2)	There is a facilitator or program official present;	()

(3)	The program official may not be the only attendee; and (\rightarrow		
(4)	The program meets all the criteria specified in these rules; (
vi.	Participating in home study courses that have a certificate of completion; (\rightarrow		
vii	Participating in courses that have business-related topics: marketing, time manageme	ent.		
government reg	gulations, and other like topics; (
viii.	Participating in courses that have personal skills topics: career burnout, communication ski	11e		
	s, and other like topics; ()		
ix.	Participating in courses that have general health topics: clinical research, CPR, child about	ıse		
reporting, and o	ther like topies; (-)		
college program	Supervision of a physical therapist student or physical therapist assistant student in an accreding. The licensee will receive four (4) hours of credit per year; and	ted		
vi	Completion and awarding of Board Certification or recertification by American Board of Physi	cal		
	alists (ABPTS). The licensee will receive sixteen (16) hours for the year the certification	-Or		
	was received.			
	Course Approval. Courses of study relevant to physical therapy and sponsored or provided by iteal Therapy Association (APTA) or any of its sections or local chapters; CAPTE; the Nation			
	ers Association; an accredited, or candidate for accreditation, college or university; or otherw			
approved by the	e Board. (-		Commented [KS21]: Approve to strike during 3.29.2023. Executive Officer will create a CE document for the website
10.	Submitting False Reports or Failure to Comply. The Board may condition, limit, suspend, the license of any individual whom the Board determines submitted a false report of continui	or		and present at next Board meeting.
	iled to comply with the continuing education requirements.	ing ing		Commented [KS22]: Moved to discipline section.
		1	(commented [RSZZ]. Woved to discipline section.
251 274.	(RESERVED)			
275. DISC:	IPLINARY PENALTY.			
01. procedures of the	Disciplinary Procedures . The disciplinary procedures of the Division are the disciplinate Board.	ary)		
violation of Sec	Civil Fine . The Board may impose a civil fine not to exceed one thousand dollars (\$1,000) upon anyone licensed under Title 54, Chapter 22, Idaho Code who is found by the Board to be extended to be civil 54-2219, Idaho Code.			
()				
	itting False Reports or Failure to Comply. The Board may condition, limit, suspend, or refuse se of any individual whom the Board determines submitted a false report of continuing education			
	y with the continuing education requirements. ({	Commented [KS23]: Previously housed in the CE Section
inited to compi				
•	(RESERVED)			
276 299.	(RESERVED)			
276 299.	(RESERVED)		,	Commented IVS241. Doord assessed strike when the
276 299. 300. CODI Physical therap		∸in —)L/	,/[Commented [KS24]: Board approved striking the code of ethics and adding incorporation by reference during 3.29.2023.

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INCORPORATION BY REFERENCE.

The current and updated documents titled "Code of Ethics for the Physical Therapist" and "Standards of Ethical Conduct for the Physical Therapist Assistant" published by the American Physical Therapy Association is herein incorporated by reference and available on the Boards website. (Code of Ethics for the Physical Therapist | APTA) and (Standards of Ethical Conduct for the Physical Therapist Assistant | APTA)

301. -- 999. (RESERVED)

Appendix A - Physical Therapist Code Of Ethics

Preamble

This Code of Ethics of the American Physical Therapy Association sets forth principles for the ethical practice of physical therapy. All physical therapists are responsible for maintaining and promoting ethical practice. To this end, the physical therapist shall act in the best interest of the patient/client. This Code of Ethics shall be binding on all physical therapists.

Principle 1

A physical therapist shall respect the rights and dignity of all individuals and shall provide compassionate

Principle 2

A physical therapist shall act in a trustworthy manner toward patients/clients and in all other aspects of physical therapy practice.

Principle 3

A physical therapist shall comply with laws and regulations governing physical therapy and shall strive to effect changes that benefit patients/elients.

Principle 4

A physical therapist shall exercise sound professional judgment.

Principle 5

A physical therapist shall achieve and maintain professional competence.

Principle 6

A physical therapist shall maintain and promote high standards for physical therapy practice, education, and research.

Principle 7

A physical therapist shall seek only such remuneration as is deserved and reasonable for physical therapy services.

Principle 8

A physical therapist shall provide and make available accurate and relevant information to patients/clients about their care and to the public about physical therapy services.

Commented [KS25]: Board approved the removal of both Appendix A & B with the addition of incorporation by reference. 3.29.2023

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Principle 9
A physical therapist shall protect the public and the profession from unethical, incompetent, and illegal acts.
Principle 10
A physical therapist shall endeavor to address the health needs of society.
Principle 11
A physical therapist shall respect the rights, knowledge, and skills of colleagues and other health care professionals.
APPENDIX B - PHYSICAL THERAPIST ASSISTANT CODE OF ETHICS
Preamble This document of the American Physical Therapy Association sets forth standards for the ethical conduct of the physical therapist assistant. All physical therapist assistants are responsible for maintaining high standards of conduct while assisting physical therapists. The physical therapist assistant shall act in the best interest of the patient/elient. These standards of conduct shall be binding on all physical therapist assistants.
Standard 1
A physical therapist assistant shall respect the rights and dignity of all individuals and shall provide compassionate care.
Standard 2
A physical therapist assistant shall act in a trustworthy manner toward patients/clients.
Standard 3
A physical therapist assistant shall provide selected physical therapy interventions only under the supervision and direction of a physical therapist.
Standard 4
A physical therapy assistant shall comply with laws and regulations governing physical therapy.
Standard 5
A physical therapist assistant shall achieve and maintain competence in the provision of selected physical therapy interventions.
Standard 6
A physical therapist assistant shall make judgments that are commensurate with his or her educational and legal qualifications as a physical therapist assistant.
Standard 7
A physical therapist assistant shall protect the public and the profession from unethical, incompetent, and illegal acts.

Commented [KS26]: Will recommend striking and instead using incorporation by reference in the 3.29.2023 meeting.

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01. Scope of Practice: Physical Therapists and Physical Therapy Assistants possess the education, training, and experience within their scope of practice to perform physical therapy tasks.

