



State of Idaho

Division of Occupational and Professional Licenses

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Guidance for Lifestyle Injectable Treatments

The following guidance document is meant to assist professionally licensed healthcare providers in determining whether they may administer lifestyle injectable treatments such as Botox or intravenous hydration, or if they may serve as a medical director for a business administering such treatments. The guidance document is broken into three sections: Authority, Standard of Care, and Delegation. It is recommended that practitioners consider each question in sequence.

Authority to Prescribe, Order, or Administer

Are you a healthcare provider licensed in the State of Idaho?

Does your applicable practice act and administrative rules adopted by your licensing board allow you to administer medications or blood products or agents?

Is the administration of the specific injectable treatment prohibited by your applicable practice act or administrative rules?

Does your applicable practice act and administrative rules require you to personally complete the initial assessment of the prospective client? If yes, have you completed that initial assessment?

Does the treatment you are providing require a valid prescription drug order? If yes, does the applicable practice act and administrative rules grant you prescriptive authority?

Does your applicable practice act and administrative rules permit ordering, obtaining, possessing, or storing prescription medications and agents?

Idaho Community Standard of Care

Is performing the treatment consistent with the accepted and prevailing Idaho community standard of care required by your applicable practice act or rules adopted by your licensing board?

Do you have the necessary education, training, and experience to safely perform the treatment?

Is there evidence of your current competence—knowledge, skills, abilities, and judgments—to safely perform the treatment?

Would a reasonable and prudent professional holding the same license as the licensee perform or delegate this treatment in this setting?

Delegation and Supervision of Administration

Will you personally perform the specific treatment, or will you delegate performance of the treatments to others?

Does your applicable practice act and administrative rules adopted by your licensing board allow you to delegate the administration of medications?

Does your applicable practice act and administrative rules adopted by your licensing board require your delegate to be licensed, certified, and/or registered in the State of Idaho?

If you intend to delegate performance of the treatments, are you able to provide the level of supervision required by your applicable practice act, administrative rules of your licensing board, and the prevailing community standards of care?

Have you considered putting in place a valid standing order or collaborative practice agreement for the administration of medications?

Are you prepared to accept legal and financial liability for the outcome of the treatment, including liability for the actions of a delegate?

Best practices:

Licensees providing injectable treatments should consider implementing emergency protocols, and policies and procedures to support performing the treatment, including access to all appropriate resources to perform the treatment in the proposed practice setting.

Relevant Law and Rule Resources:

<https://legislature.idaho.gov/statutesrules/idstat/Title54/>

<https://adminrules.idaho.gov/rules/current/24/index.html#20>