



State of Idaho  
Division of Occupational and Professional Licenses  
Naturopathic Medical Board

**BRAD LITTLE**  
Governor  
**RUSSELL BARRON**  
Administrator

11341 W Chinden Blvd.  
P.O. Box 83720  
Boise, ID 83720-0063  
(208) 334-3233  
dopl.idaho.gov

**Minutes of 01/23/2023**

**Board Members Present:** Joan Haynes, NMD - Chair    **Division Staff:** Stephanie Lotridge, Executive Officer

Nicole Maxwell, NMD  
Kelsey Jae, JD  
Cory Szybala, NMD  
Tara Erbele, MD

Nicki Chopski, Bureau Chief  
Russell Spencer, Legal Counsel  
Berk Fraser, Chief Investigator  
Mike Celeste, Investigations Supervisor  
Frutoso Gonzalez, Medical Investigator  
Christopher Gilliam, HR Specialist, Senior  
Bob McLaughlin, Public Information Officer  
Susan Cassell, Board Support

**Others Present:** Joan Callahan, Board Prosecutor

The meeting was called to order at 9:06 AM by Joan Haynes, NMD.

**Approval of Minutes**

Motion to approve 07/25/2022 minutes was made and seconded. Motion carried unanimously.

**Division Business**

**Division Update – Strategic Plan:** Ms. Lotridge guided the Board through the Division of Occupational and Professional Licenses (DOPL) Strategic Plan 2022 – 2026; the plan is for the entirety of DOPL rather than for individual Boards.

**Legislative Session Overview:** The 2023 Legislative session began on January 9, 2023. Ms. Lotridge will keep the Board apprised of any Health Professions-related bills as the session progresses.

**Financial Update:** Ms. Lotridge outlined a financial report for January 2023. The Board will continue to receive regular updates.

**Board Training:** Mr. Gilliam, DOPL HR, reviewed a presentation and video on Respectful Workplaces.

**Board Business**

Ms. Lotridge shared a Board of Medicine Newsletter article from June 2020 on the Role of a Naturopathic Medical Doctor (NMD). The Board discussed updating the article to share with other Health Professions Boards and related medical professional associations and organizations to promote the practice of an NMD.

**Executive Session**

A motion was made and seconded to enter executive session under Idaho Code § 74-206(1)(d) to consider records that are exempt from disclosure under the Idaho Public Records Law.

The purpose of the executive session was to discuss documents relating to the fitness of a licensee to obtain or retain a license or registration. The vote was: Dr. Maxwell, aye; Dr. Syzbala, aye; Dr. Erbele, aye; Ms. Jae, aye; and Dr. Haynes, aye. Motion carried unanimously. A motion was made and seconded to exit executive session. Motion carried unanimously.

**Discipline**

A Motion was made and seconded to send a letter of concern in case 05-2022-NMB-10032. Motion carried.

**Adjourn**

There being no further business, the meeting was adjourned at 10:31 AM.

The next meeting is on 04/24/2023.