# **IDAPA 24 – DIVISION OF OCCUPATIONAL AND PROFESSIONAL LICENSES**

#### 24.15.01 – RULES OF THE IDAHO LICENSING BOARD OF PROFESSIONAL **COUNSELORS AND MARRIAGE AND FAMILY THERAPISTS**

## DOCKET NO. 24-1501-2301 (ZBR CHAPTER REWRITE)

## NOTICE OF RULEMAKING - ADOPTION OF PENDING RULE

EFFECTIVE DATE: This rule has been adopted by the agency and is now pending review by the 2024 Idaho State Legislature and must be approved by concurrent resolution of the Legislature to go into effect, in accordance with Section 67-5224(2)(c), Idaho Code. The pending rule will become final and effective, July 1, 2024, after approval.

AUTHORITY: In compliance with Section 67-5224, Idaho Code, notice is hereby given that this agency has adopted a pending rule. The action is authorized pursuant to Section 54-3402, 54-3404, 54-3405, 54-3406, and 54-3410, Idaho Code.

**DESCRIPTIVE SUMMARY:** The following is a concise explanatory statement of the reasons for adopting the pending rule and a statement of any change between the text of the proposed rule and the text of the pending rule with an explanation of the reasons for the change.

The pending rule is being adopted under Executive Order 2020-01, Zero Based Regulation. Text amended since these rules were published as proposed are as follows:

- The text "current and updated" was removed from incorporation by reference language to ensure no • authority is delegated to a third party; 100.01.a. – removed the word "otherwise," as it was unnecessary;
- 100.01.c. clarified educational institution supervision, as "Practicum" may have multiple meanings, and different universities may approach supervision differently;
- 100.02.a. updated to clarify supervision is of "direct client contact";
- 100.03.a. removed the word "otherwise," as it was unnecessary;
- 100.06 clarified interns were "post-post graduate";
- 100.07 updated Continuing Education in response to feedback, changing required classes and referring to ethical obligations;
- 200.02.b. provided a sunset date for LPC supervision and reintroduced contact hour supervising training requirements erroneously deleted from previous; and
- 200.03 updated "acknowledged" to "documented".

The text of the pending rule has been amended in accordance with Section 67-5227, Idaho Code. Only those sections that have changes that differ from the proposed text are printed in this bulletin. The complete text of the proposed rule was published in the August 2, 2023 Idaho Administrative Bulletin, Vol. 23-8, pages 249-266.

FEE SUMMARY: The following is a description of the fee or charge imposed or increased in this rulemaking as authorized in Sections 54-3402 et. seq., and 67-2614, Idaho Code. Pursuant to Section 67-5224(2)(d), Idaho Code, this pending fee rule shall not become final and effective unless affirmatively approved by concurrent resolution of the Legislature.

The fees for applications, licenses, registrations, and reinstatement as designated in Rule 400 of these proposed rules are authorized in Sections 54-3402 et. seq., and 67-2614, Idaho Code. None of these fees are being changed as a result of this rulemaking or since being previously reviewed by the Idaho Legislature.

FISCAL IMPACT: The following is a specific description, if applicable, of any negative fiscal impact on the state general fund greater than ten thousand dollars (\$10,000) during the fiscal year:

This rulemaking is not anticipated to have any negative fiscal impact on the State General Fund.

ASSISTANCE ON TECHNICAL QUESTIONS: For assistance on technical questions concerning the pending rule, contact Katie Stuart at 208-577-2489.

DATED this 1st day of November, 2023.

Katie Stuart Bureau Chief 11341 W. Chinden Blvd., Bldg. #4 Boise, ID 83714 Phone: (208) 577-2489 Email: katie.stuart@dopl.idaho.gov

# DOCKET NO. 24-1501-2301 – ADOPTION OF PENDING RULE

(Zero Based Regulation (ZBR) Chapter Rewrite)

Substantive changes have been made to the pending rule. *Italicized* text indicates changes between the text of the proposed rule as adopted in the pending rule.

The text of the proposed rule was published in the Idaho Administrative Bulletin, Volume 23-8, August 2, 2023, pages 249-266.

This rule has been adopted as a pending rule by the agency and is now awaiting review and final approval by the 2024 Idaho State Legislature.

## THE FOLLOWING IS THE TEXT OF THE PENDING RULE FOR DOCKET NO. 24-1501-2301 (Only those sections or subsections that have changed from the original proposed text are printed in this Bulletin following this notice.)

\*Note – Due to extensive reorganization of this ZBR chapter, the rule text below is presented as clean text without showing amendments in legislative format. A redline copy provided by the agency has been included at the end of the docket for transparency and can be utilized to track all edits used to formulate the pending rule.

## 002. INCORPORATION BY REFERENCE.

**01. ACA Code of Ethics**. The document titled "ACA Code of Ethics," published by the American Counseling Association (ACA) is herein adopted and incorporated by reference and is available on the ACA website: https://www.counseling.org/resources/aca-code-of-ethics.pdf. ()

**02. AAMFT Code of Ethics**. The document titled "AAMFT Code of Ethics," published by the American Association for Marriage and Family Therapy (AAMFT) is herein adopted and incorporated by reference and is available on the AAMFT website: https://www.aamft.org/Legal\_Ethics/Code\_of\_Ethics.aspx. ()

## (BREAK IN CONTINUITY OF SECTIONS)

## 100. LICENSURE.

## 01. Professional Counselor.

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a. Approved Graduate Program. A graduate program that is primarily counseling in nature and is

#### Docket No. 24-1501-2301 ZBR Pending Fee Rule

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accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) or substantially similar and approved by the Board.

**b.** Required Examination. The National Counselor Examination prepared by the National Board of Certified Counselors (NBCC).

**c.** Acceptable Supervised Experience. Four hundred (400) of the one thousand (1,000) hours must be direct client contact and the supervised experience must include a minimum of one (1) hour of individual supervision for every twenty (20) hours of direct client contact. A supervised graduate-level educational experience (i.e. practicum or internship) may be utilized to fulfill this requirement which can be provided by a counselor education faculty member or doctoral student at an accredited college or university, or a site supervisor approved by an accredited college or university. ()

#### 02. Clinical Professional Counselor.

**a.** Approved Experience. One thousand (1,000) of the two thousand (2,000) direct client contact hours must be supervised by a licensed clinical professional counselor, with the remaining supervision provided by any supervisor as defined in these rules; and one (1) hour of clinical supervision for every thirty (30) hours of direct client contact, with at least half of the supervised hours involving individual, rather than group, supervision. ()

**b.** Required Examination. The National Clinical Mental Health Counselor Examination (NCMHCE) prepared by the National Board of Certified Counselors (NBCC).

## 03. Associate Marriage And Family Therapist.

a. Approved Graduate Program. A graduate program in marriage and family therapy or a related field which is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) or the Council for Accreditation of Counseling and Related Educational Programs Marriage, Couple, and Family Counseling (CACREP-MCFC), or is substantially similar and approved by the Board. ()

**b.** Required Practicum. The practicum must occur over a period of twelve (12) months or longer and require three hundred (300) hours of direct client contact, of which at least one hundred (100) hours must be with two or more individuals conjointly who share an ongoing relationship beyond that which occurs in the therapeutic experience itself. These hours may be completed as part of a practicum, registered intern supervised experience, or supervised experience in another jurisdiction.

c. Required Examination. The National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB) or another recognized competency examination in marriage and family therapy that is approved by the Board.

## 04. Marriage And Family Therapists.

**a.** Approved Graduate Program. A graduate program in marriage and family therapy or a related field accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) or substantially similar and otherwise approved by the Board.

## b. Required Practicum. See Rule 100.03.b. ( )

c. Required Postgraduate Supervised Experience. Two thousand (2,000) hours of direct client contact over a period of at least two (2) years which includes: (1) one thousand (1,000) direct client contact hours with two or more individuals conjointly who share an ongoing relationship beyond that which occurs in the therapeutic experience itself; and (2) two hundred (200) hours of supervision, of which one hundred (100) hours must be individual, rather than group, supervision. One hundred (100) hours must be supervised by a licensed marriage and family therapist, with the remaining one hundred (100) hours of supervision provided by a supervisor who has at least two (2) years of experience practicing marriage and family therapy.

d. Required Examination. The National Marital and Family Therapy Examination as approved by the

#### Docket No. 24-1501-2301 ZBR Pending Fee Rule

Association of Marital and Family Therapy Regulatory Boards (AMFTRB) or another recognized competency examination in marriage and family therapy that is approved by the Board.

**05.** Foreign Educated Applicants. Applicants with a graduate degree from a country other than the United States may be required to submit a certification from a credential evaluation service that is a member of the National Association of Credential Evaluation Services (NACES). The service must certify that the graduate degree is equivalent to an approved graduate degree from the United States. All information submitted to the Board must be submitted with an English translation. ()

06. Registered Post-Graduate Interns. A post-graduate intern registration is required to engage in the supervised practice of counseling or marriage and family therapy while completing supervised experience hours or while awaiting examination results. To register as an intern, the individual must: (1) have an approved graduate degree as defined in these Rules; and (2) designate a supervisor approved by the Board. An individual may not practice as an intern for more than four (4) years from the original date of registration, unless good cause is demonstrated to the board. ()

07. Continuing Education. In each twenty-four (24) month period preceding the renewal of a license, all licensees must complete six (6) hours in ethics, three (3) hours of boundaries, and three (3) hours in suicide assessment or intervention. Additionally, licensees are required to comply with the continuing education and competence sections of the Codes of Ethics pertaining to their licensure. ()

## 101. -- 199. (RESERVED)

## 200. PRACTICE STANDARDS.

01. Licensees. Licensees must comply with Board-adopted Code of Ethics pertaining to their licensure.

## 02. Supervision.

**a.** Registered interns obtaining supervised or postgraduate experience hours must be supervised by a Board-approved supervisor and must explicitly identify themselves as interns in documentation and advertising.

**b.** To become an approved supervisor, be licensed as a clinical professional counselor or licensed marriage and family therapist document a minimum of fifteen (15) contact hours of relevant education in supervisor training, and have received no discipline in the five (5) years prior to the approval request, provided the Board may approve a supervisor with disciplinary action for failing to complete continuing education requirements. A supervisor must supervise in conformance with statute and the guidelines for supervisors set forth in the ACA or AAMFT Code of Ethics. A licensed professional counselor may be an approved supervisor until July 1, 2026. ()

03. Informed Consent and Information Disclosure. The receipt of the disclosure must be documented in writing by the client and the licensee or intern, and such disclosure of information must include: the licensee's name, license type, license number, business address and phone number; if the licensee is a supervisee, the name of any supervisor, contact information for the supervisor, including address and phone number, and a statement that the intern is practicing under the supervision of licensee; the purposes, goals, techniques, procedures, limitations, potential risks, and benefits of services; the extents and limits of confidentiality; the client's rights to participate in treatment decisions, to seek a second opinion, to file a complaint without retaliation, and to refuse treatment; the fee structure, billing arrangements, and cancellation policy; a statement that the Board regulates the licensee's and intern's practices and providing the Board's phone number and address; and a statement that sexual intimacy is never appropriate with a client and should be reported to the Board. ()

## [Agency redlined courtesy copy]

#### 24.15.01 – RULES OF THE IDAHO LICENSING BOARD OF PROFESSIONAL COUNSELORS AND MARRIAGE AND FAMILY THERAPISTS

#### 002. 003.(RESERVED)

#### **004<u>002</u>**. INCORPORATION BY REFERENCE.

**01.** ACA Code of Ethics. <u>The current and updated document titled</u> "ACA Code of Ethics," - as published by the American Counseling Association (ACA)), effective 2014, is herein <u>adopted and</u> incorporated by reference and is available from the Board's office and website<u>on the ACA website: https://www.counseling.org/</u>resources/aca-code-of-ethics.pdf.( )

#### PENDING TEXT 002.01

**01. ACA Code of Ethics**. The *current and updated* document titled "ACA Code of Ethics," published by the American Counseling Association (ACA) is herein adopted and incorporated by reference and is available on the ACA website: https://www.counseling.org/resources/aca-code-of-ethics.pdf.(\_\_\_)

**02. AAMFT Code of Ethics**. The <u>current and updated</u> document titled "AAMFT Code of Ethics," <del>as</del> published by the American Association for Marriage and Family Therapy (AAMFT), <u>effective January 1, 2015</u>, is herein <u>adopted and</u> incorporated by reference and is available from the Board's office and website<u>on the AAMFT</u> website: https://www.aamft.org/Legal Ethics/Code of Ethics.aspx.(\_\_\_\_)

#### PENDING TEXT 002.02

**02. AAMFT Code of Ethics.** The *current and updated* document titled "AAMFT Code of Ethics," published by the American Association for Marriage and Family Therapy (AAMFT) is herein adopted and incorporated by reference and is available on the AAMFT website: https://www.aamft.org/Legal\_Ethics/Code\_of\_Ethics.aspx.(\_\_\_\_)

**63. Guidelines**. The document titled "Approved Supervision Designation Handbook" that provides supervision guidelines for supervisors, as published by the American Association for Marriage and Family Therapy (AAMFT), dated October 2007, is herein incorporated by reference and is available from the Board's office and website.

#### **150100. QUALIFICATIONS FOR PROFESSIONAL COUNSELOR** LICENSURE.

Licensure as a "professional counselor" is restricted to persons who have successfully completed the required examination and each of the following:(\_\_\_\_)

## 01. <u>Professional Counselor.</u>

**a.** Approved Graduate Program. A graduate program that is primarily counseling in nature and is **Graduate Program**. Possess a master's degree or higher, which includes an educational specialist degree, that is primarily counseling in nature, from an accredited university or college offering a graduate program in counseling, provided that the program is either:(

**a.** <u>Approved</u><u>accredited</u> by the Council for Accreditation of Counseling and Related Educational Programs (CACREP)</u>; or <u>substantially similar and otherwise approved by the Board.</u>

## PENDING TEXT 100.01.a.

**a.** Approved Graduate Program. A graduate program that is primarily counseling in nature and is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) or substantially similar and *otherwise* approved by the Board.

**b.** A counseling program of at least sixty (60) semester hours or ninety (90) quarter hours in length and that at a minimum includes successful completion of one (1) graduate level course unique to the eight (8) areas and an advanced counseling practicum as follows:(----)

i. Human growth and development: Includes studies that provide a broad understanding of the nature and needs of individuals at all developmental levels. Emphasis is placed on psychological, sociological, and physiological approaches. Also included are areas such as human behavior (normal and abnormal), personality theory, and learning theory.(

ii. Social and cultural foundations: Includes studies of change, ethnic groups, subcultures, changing roles of women, sexism, urban and rural societies, population patterns, cultural mores, use of leisure time, and differing life patterns.( )

iii. The helping relationship: Includes philosophic bases of the helping relationship: Consultation theory and/or an emphasis on the development of counselor and client (or consultee) self-awareness and self-understanding.

iv. Groups: Includes theory and types of groups, as well as descriptions of group practices, methods dynamics, and facilitative skills. It includes either a supervised practice and/or a group experience.(\_\_\_\_)

v. Life-style and career development: Includes areas such as vocational-choice theory, relationship between career choice and life-style, sources of occupational and educational information, approaches to career decision-making processes, and career-development exploration techniques.(

vi. Appraisal of the individual: Includes the development of a framework for understanding the individual, including methods of data gathering and interpretation, individual and group testing, case-study approaches and the study of individual differences. Ethnic, cultural, and sex factors are also considered.(\_\_\_\_)

vii. Research and evaluation: Includes areas such as statistics, research design, and development of research and demonstration proposals. It also includes understanding legislation relating to the development of research, program development, and demonstration proposals, as well as the development and evaluation of program objectives.

viii. Professional orientation: Includes goals and objectives of professional counseling organizations, codes of ethics, legal consideration, standards of preparation, certification, and licensing and role of identity of counselors.

ix. Advanced counseling practicum: Complete at least two (2) semester courses of an advanced counseling practicum taken at the graduate school level, provided that the applicant completed a total of two hundred eighty hours (280) of direct client contact that is supervised at the ratio of at least one (1) hour of one-to-one supervision for every ten (10) hours of experience in the setting. An applicant may complete one (1) supplemental practicum hour for every hour in which the practicum was deficient and that meets the requirements of Subsection 230.02 of these rules.()

<u>b.</u> <u>Required Examination. The National Counselor Examination prepared by the National Board of Certified Counselors (NBCC).</u>

**02c.** <u>Acceptable</u> Supervised Experience <u>Requirement</u>. <u>One thousand (1,000) hours of supervised</u> experience in counseling acceptable to the Board.(\_\_\_\_)

**a.** Of the one thousand (1,000) hours required in Section 54-3405, Idaho Code, is defined as one thousand (1,000) clock hours of experience working in a counseling setting, fE our hundred (400) of the one thousand

### Docket No. 24-1501-2301 ZBR Pending Fee Rule

## PENDING TEXT 100.01.c.

**c.** Acceptable Supervised Experience. Four hundred (400) of the one thousand (1,000) hours must be direct client contact and the supervised experience must include a minimum of one (1) hour of individual supervision for every twenty (20) hours of direct client contact. A supervised graduate-level <u>practicum educational experience</u> (*i.e. practicum or internship*) may be utilized to fulfill this requirement which can be provided by a counselor education faculty member or doctoral student at an accredited college or university, <u>or a site supervisor approved by</u> <u>an accredited college or university.()</u>

**b.** Supervision must be provided in compliance with the ACA Code of Ethics that was adopted by the Board at the time the supervision and provided by a counselor education faculty member at an accredited college or university, Professional Counselor, registered with the Board as a supervisor, or a licensed mental health professional supervisor as defined in these rules. If the applicant's supervision was provided in another state, it must have been provided by a counseling professional licensed by that state, provided the requirements for licensure in that state are substantially equivalent to the requirements in Idaho.(

e. Experience in counseling is defined as assisting individuals or groups, through the counseling relationship, to develop an understanding of personal problems, to define goals, and to plan action reflecting interests, abilities, aptitudes, and needs as related to persona social concerns, educational progress, and occupations and careers. Counseling experience may include the use of appraisal instruments, referral activities, and research findings.

**d.** The Board considers the recommendation of the supervisor(s) when determining the acceptability of the applicant's supervised experience.(\_\_\_\_)

## 151. -- 224.(RESERVED)

## 22502. Clinical Professional Counselor-LICENSURE.

Licensure as a "clinical professional counselor" is restricted to applicants who have successfully passed the required examination and have met the following:(\_\_\_\_)

**01. License**. Hold a "professional counselor" license in this state or a license or other authorization in another state that has substantially similar requirements to a licensed professional counselor in this state, provided the license or authorization is current and in good standing; and(

**02a.** <u>Approved Experience</u>. <u>Pursuant to Section 54-3405A, Idaho Code, applicants must: Document two</u> thousand (2,000) hours of direct client contact experience under supervision accumulated in no less than a two (2) year period after licensure or other authorization to practice in any state.(\_\_\_\_)

**a.** All applicants must <u>pProvide verification of meeting at least oO</u>ne thousand (1,000) <u>of the two</u> <u>thousand (2,000)</u> hours <u>of supervised experience under the supervision</u> of <u>supervision by</u> a licensed <u>Clinical\_clinical</u> <u>Professional\_professional\_Counselor-counselorregistered as a supervisorapproved by</u> with the <u>Board</u>, with the <u>remaining supervision</u>. The remainder of the supervision may be provided by <u>a licensed mental health professional</u> <u>any</u> supervisor as defined in these rules; <u>and</u>. If the applicant's supervision was provided in another state, it must have been provided by a counseling professional licensed by that state, provided the requirements for license and supervision are substantially equivalent to the requirements in Idaho.(

b. <u>Provide verification of Oo</u>ne (1) hour of clinical supervision for every thirty (30) hours of direct

#### Docket No. 24-1501-2301 ZBR Pending Fee Rule

client contact, with at least half of the supervised hours involving individual, rather than group, supervision.is required. Individual supervision is defined as one (1) hour of face to face, one on one (1:1) or one to two (1:2) supervision to every thirty (30) hours of direct client contact. Supervision must be provided in a face-to-face setting.

#### PENDING TEXT 100.02.a.

**a.** Approved Experience. One thousand (1,000) of the two thousand (2,000) <u>direct client contact</u> hours <u>of supervision must be supervised</u> by a licensed clinical professional counselor, with the remaining supervision provided by any supervisor as defined in these rules; and one (1) hour of clinical supervision for every thirty (30) hours of direct client contact, with at least half of the supervised hours involving individual, rather than group, supervision.

e. \_N<u>Group\_Supervision\_comprising\_n</u>o\_more\_than\_one-half (1/2) of the required supervision <u>supervision</u> hours. may be group supervision.(\_\_\_\_)

**03. Recommendation of the Supervisor(s)**. The Board considers the recommendation of the supervisor(s) when determining the acceptability of the applicant's supervised experience.(\_\_\_\_)

b. <u>Required Examination. The National Clinical Mental Health Counselor Examination (NCMHCE)</u> prepared by the National Board of Certified Counselors (NBCC).

#### 226. -- 229.(RESERVED)

**23003**. **QUALIFICATIONS FOR** Associate Marriage And Family Therapist.

An applicant for associate marriage and family therapist licensure must pass the required examination and meet the following:

**61a.** Graduate Degree. <u>Approved Graduate Program. A graduate program</u> <u>Possess a master's degree or</u> <u>higher, in marriage and family therapy or a related field, from an accredited university or college provided that the</u> <u>program</u> which is accredited by <u>Possess a graduate degree as outlined in Subsection 238.01 of these rules or a master's degree or higher in marriage and family therapy or a related field from an accredited university or college, provided that the graduate program meets one of the following:(\_\_\_\_\_)</u>

**a.** Accredited by the <u>the</u> Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE);<u>or</u> or (\_\_\_\_\_\_)\_

**b.** Accredited by <u>or</u> the Council for Accreditation of Counseling and Related Educational Programs-Marriage, Couple, and Family Counseling (CACREP-MCFC)<u>.</u>; or <u>is substantially similar and otherwise approved by</u> the <u>bBoard</u>.

## PENDING TEXT 100.03.a.

**a.** Approved Graduate Program. A graduate program in marriage and family therapy or a related field which is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) or the Council for Accreditation of Counseling and Related Educational Programs Marriage, Couple, and Family Counseling (CACREP-MCFC), or is substantially similar and *otherwise* approved by the Board.

e. The program includes, at a minimum, twenty-seven (27) semester credits or thirty-six (36) quarter credits of the graduate level coursework set forth in Subsection 238.01.b of these rules.(\_\_\_\_)

**62b.** <u>Required</u> Practicum. <u>Completion of a supervised practicum in The practicum must occurIn no less</u> than a <u>over a period of</u> twelve (12) months or longer and require <u>period</u>, as part of the graduate program. The

#### Docket No. 24-1501-2301 ZBR Pending Fee Rule

practicum<u>applicants</u> must consist of <u>complete</u> at least three hundred (300) hours of direct client contact, of which at least one hundred fifty (150100) hours must be with <u>couples</u>, families and other systems, two or more individuals conjointly who share an ongoing relationship beyond that which occurs in the therapeutic experience itself. provided that the Board may grant a license to an applicant who completed a practicum with fewer than the required hours and completed one (1) supplemental practicum hour for every hour in which the practicum was deficient. Supplemental practicum hours must be completed as <u>part of a practicum</u>, <u>Rregistered lintern supervised</u> experience, or supervised <del>practicee</del> in another jurisdiction.:(

**c.** Required Examination. The National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB) or another recognized competency examination in marriage and family therapy that is approved by the Board.

**a.** A Registered Intern under Section 245 of these rules; or ( )

**b.** Supervised practice in another jurisdiction that is sufficient to be considered substantially similar to the supplemental practicum hour requirements of these rules; or(\_\_\_\_)

e. A combination of Paragraph 02.a. and 02.b. of this subsection.( )

## 231. 237.(RESERVED)

#### **23804**. Marriage And Family Therapists.

An applicant for marriage and family therapist licensure must pass the required examination and meet the following:

**61a.** Graduate Degree. <u>Approved Graduate Program. A graduate program Possess a master's degree or higher</u> in marriage and family therapy or a related field from an accredited university or college provided that the program is either:(\_\_\_\_)

**A**<u>a</u>ccredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE); or <u>substantially similar and otherwise approved by the Board.(</u>)

**b.** A program of at least sixty (60) semester hours or ninety (90) quarter hours in length and that includes at a minimum:(\_\_\_\_)

i. Marriage and family studies — Nine (9) semester credit hours or twelve (12) quarter credit hours: includes theoretical foundations, history, philosophy, etiology and contemporary conceptual directions of marriage and family therapy or marriage and family counseling; family systems theories and other relevant theories and their application in working with a wide variety of family structures, including families in transition, nontraditional families and blended families, and a diverse range of presenting issues; and preventive approaches, including premarital counseling, parent skill training and relationship enhancement, for working with couples, families, individuals, subsystems and other systems;( )

ii. Marriage and family therapy Nine (9) semester credit hours or twelve (12) quarter credit hours: includes the practice of marriage and family therapy related to theory, and a comprehensive survey and substantive understanding of the major models of marriage and family therapy or marriage and family counseling; and interviewing and assessment skills for working with couples, families, individuals, subsystems and other systems, and skills in the appropriate implementation of systematic interventions across a variety of presenting clinical issues including, but not limited to, socioeconomic disadvantage, abuse and addiction;(

iii. Biopsychosocial health and development across the lifespan — Nine (9) semester credit hours or twelve (12) quarter credit hours: includes individual development and transitions across the life span; family, marital and couple life cycle development and family relationships, family of origin and intergenerational influences, cultural influences, ethnicity, race, socioeconomic status, religious beliefs, gender, sexual orientation, social and equity issues and disability; human sexual development, function and dysfunction, impacts on individuals, couples and families, and strategies for intervention and resolution; ( )

#### Docket No. 24-1501-2301 ZBR Pending Fee Rule

iv. Psychological and mental health competency — Six (6) semester credit hours or eight (8) quarter credit hours: includes psychopathology, including etiology, assessment, evaluation and treatment of mental disorders, use of the current diagnostic and statistical manual of mental disorders, differential diagnosis and multiaxial diagnosis; standard mental health diagnostic assessment methods and instruments, including standardized tests; and psychotropic medications and the role of referral to and cooperation with other mental health practitioners in treatment planning, and case management skills for working with individuals, couples, families, and other systems and relational groups;( \_\_\_\_\_)

v. Professional ethies and identity — Three (3) semester credit hours or four (4) quarter credit hours: includes professional identity, including professional socialization, professional organizations, training standards, credentialing bodies, licensure, certification, practice settings and collaboration with other disciplines; ethical and legal issues related to the practice of marriage and family therapy, legal responsibilities of marriage and family therapy and marriage and family counseling practice and research, business aspects, reimbursement, recordkeeping, family law, confidentiality issues and the relevant codes of ethics, including the code of ethics specified by the board; and the interface between therapist responsibility and the professional, social and political context of treatment;(

vi. Research — Three (3) semester credit hours or four (4) quarter credit hours: includes research in marriage and family therapy or marriage and family counseling and its application to working with couples and families; and research methodology, quantitative and qualitative methods, statistics, data analysis, ethics and legal considerations of conducting research, and evaluation of research.( )

**92b.** <u>Required Practicum. See Rule 100.03.b.</u> <u>Completed a supervised practicum, including any supplemental practicum hours, which meets the requirements of Subsection 230.02 of these rules.</u>( )

**03c.** <u>Required Postgraduate</u> Supervised <u>Marriage and Family Therapy</u> Experience<u>–Requirements</u>. <u>Completed at least three thousand (3,000) hours of graduate or post graduate supervised experience in marriage and family therapy that meets the following requirements: (——)</u>

**n.** <u>A minimum of t</u><u>T</u>wo thousand (2,000) <u>hours of post master's</u> direct client contact <u>hours</u>, over a period of <u>not less thanat least</u> two (2) years, which <u>must</u> includes: (1) <u>a minimum of</u> one thousand (1,000) direct client contact hours with <u>two or more individuals conjointly who share an ongoing relationship beyond that which occurs in the therapeutic experience itself; and eouples, families, and other systems; and()</u>

**b.** (2) A minimum of two hundred (200) hours of post-master's-supervision, of which one hundred (100) hours must be individual, rather than group, supervision. One hundred (100) hours must be supervised by a licensed marriage and family therapist, with the remaining supervision provided by a supervisor who has at least two (2) years of experience practicing marriage and family therapy. -(

**d.** Required Examination. The National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB) or another recognized competency examination in marriage and family therapy that is approved by the Board.

**e.** Other hours must support development as a marriage and family therapist, and may include: additional hours of supervision, additional practicum hours above the three hundred (300) hours required in Subsection 230.02 of these rules, writing clinical reports, writing case notes, case consultation, coordination of care, administering tests, and attending workshops, training sessions, and conferences.

**de.** A minimum of one hundred (100) hours post master's supervision must be obtained from a registered marriage and family therapist supervisor. The remaining one hundred (100) hours of supervision may also be obtained from a licensed mental health professional supervisor as defined in these rules who documents:

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i. A <u>a</u>minimum of five <u>two (52)</u> years of experience providing marriage and family therapy; and(

)

ii. Fifteen (15) contact hours of education in supervisor training; and( )

iii. Has not been the subject of any disciplinary action for five (5) years immediately prior to providing supervision.( )

ed. No more than one hundred (100) hours of <u>gGroup</u> s<u>Supervision</u> are allowed. Group supervision is defined as up to six (6) supervisees and one (1) supervisor; and (

**f.** Individual supervision is defined as up to two (2) supervisees per supervisor; and(\_\_\_\_)

**g.** Supervision must employ observation of client contact such as the use of audio technologies or video technologies or co-therapy, or live supervision; and(\_\_\_\_)

h. A supervisor may not act as an applicant's personal Professional Counselor/Therapist.(\_\_\_\_)

**i.** The Board considers the recommendation of the supervisor(s) when determining the acceptability of the applicant's supervised experience.(

**j.** Supervision obtained in another jurisdiction or from a supervisor in another jurisdiction must conform with the jurisdiction's requirements provided they are substantially equivalent to Idaho's requirements.

## 239. SUPERVISOR REQUIREMENTS.

## 200. PRACTICE STANDARDS

Licensees in Idaho must <u>meet the following criteria to bebe registered with <u>approved by</u> the board to provide supervision for those individuals pursuing licensure in the state of Idaho as a counselor or marriage and family therapist.</u>

01. <u>Licensees must comply with Board-adopted Code of Ethics pertaining to their licensure.</u>

## 02. RequirementsSupervision. for Registration. The board will register an applicant who:(

a. Registered interns obtaining supervised or postgraduate experience hours must be supervised by a Board-approved supervisor and must explicitly identify themselves as interns in documentation and advertising.

<u>b.</u> <u>To become an approved supervisor, the supervisor must submit an application; Possesses two (2) years experience as a <u>Bbe</u> licensed <u>as a clinical professional</u> counselor <u>(LCPC), or licensed</u> marriage and family therapist; and <u>(LMFT), or similar authorization to practice in another jurisdiction respective to the profession for which the applicant seeks registration as ato supervisor <u>supervise</u>, and document at least one thousand five hundred (1,500) hours of direct client contact as a counselor or two thousand (2,000) hours of direct client contact with couples, families, and other systems as a marriage and family therapist.</u></u>

<u>**b.**</u> <u>Possess two (2) years of experience under the licensure required in subsection (a). This requirement</u> will be suspended for LCPCs until July 1, 2026.

**be.** Documents <u>A minimum of</u> fifteen (15) contact hours of <u>relevant</u> education in supervisor training as approved by the Board.(

#### 02. Supervision.()

**a.** A registered supervisor must provide supervisionsupervise in conformance with <u>statute and</u> the guidelines for supervisors set forth in the <u>American Counseling Association (</u>ACA) -Code of Ethics for counselor supervisors or the American Association for Marriage and Family Therapists (AAMFT) Code of Ethics. and the guidelines set forth in the AAMFT Code of Ethics for marriage and family therapist supervisors.()

#### PENDING TEXT 200.02.b.

**b.** To become an approved supervisor, be licensed as a clinical professional counselor or licensed marriage and family therapist; *and not been, document a minimum of fifteen (15) contact hours of relevant education in supervisor training, and have received no* disciplined in the five (5) years prior to the approval request, provided the Board may approve a supervisor with disciplinary action for failing to complete continuing education requirements. A supervisor must supervise in conformance with statute and the guidelines for supervisors set forth in the ACA or AAMFT Code of Ethics. *A licensed professional counselor may be an approved supervisor until July 1, 2026.* 

**b.** Unless the primary work role of an individual is as a clinical supervisor, a registered supervisor may not supervise more than six (6) supervisees concurrently.(

e. Supervision must be provided in a face-to-face setting, which includes secure live electronic faceto-face connection between the supervisor and supervisee.(\_\_\_\_)

**d.** A registered supervisor must ensure that informed consent containing information about the roles of the supervisor and supervisee is obtained from clients of the supervisee.

**03. Renewal.** A supervisor's registration is valid for a term of five (5) years, provided the supervisor's license remains current, active, in good standing, and is not subject to discipline. To renew a supervisor registration, the licensee must submit to the Board a complete application for registration renewal and document six (6) hours of continuing education in advanced supervisor training as approved by the Board and completed within the previous twenty-four (24) months, unless good cause is shown.(

#### 240. EXAMINATION FOR LICENSURE.

Applicants must have successfully completed passed the required appropriate written examination:.( )

**01. Examination**. The required written examination is:(\_\_\_\_)

**a<u>01</u>.** For counselor applicants, the National Counselor Examination prepared by the National Board of Certified Counselors (NBCC).(----)

**b<u>02</u>.** For clinical counselor applicants, the National Clinical Mental Health Counselor Examination (NCMHCE) prepared by the National Board of Certified Counselors (NBCC).(\_\_\_\_\_)

**e<u>03</u>.** For associate marriage and family therapist and marriage and family therapist applicants, the National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB) or another recognized competency examination in marriage and family therapy that is approved by the Board.

**02.** Time and Place. The examination will be conducted at a time and place specified by the Board or the examining entity.(\_\_\_\_)

**03. Successful Passage**. Successful passage of the examination is defined as achievement of the passing score set by the preparer of the examination. Reexamination consists of the entire examination.

#### 241100.05. NON-UNITED States Foreign Educated Applicants.

Applicants with a graduate degree from a country other than the United States may be required to submit a certification from a credential evaluation service that is a member of the National Association of Credential Evaluation Services (NACES) or approved by the Board. The service must certify that the graduate degree is equivalent to an approved graduate degree from the United States. All costs for the certification are the responsibility of the applicant. All information submitted to the Board must be submitted with an English translation.( )

#### **242. - 244.(RESERVED)**

245100.06. Registered-Interns. An intern registration is required to engage in the supervised practice of counseling or marriage and family therapy while completing supervised experience hours or while awaiting examination results. To register as an intern, the individual must: (1) have an approved graduate degree as defined in these Rules; and (2) designate a supervisor approved by the Board. An individual may not practice as an intern for more than four (4) years from the original date of registration, unless good cause is demonstrated to the board. The Board may issue a registration to allow an intern to engage in the practice of counseling or marriage and family therapy while completing either the supervised experience or supplemental practice mounts for licensure or while waiting for passing examination results. A registered intern may only practice only under the direct supervision of a person registered as a supervisor with the Board or otherwise approved to provide supervision under this chapter.

#### PENDING TEXT 100.06

06. <u>Registered Post-Graduate</u> Interns. An <u>post-graduate</u> intern registration is required to engage in the supervised practice of counseling or marriage and family therapy while completing supervised experience hours or while awaiting examination results. To register as an intern, the individual must: (1) have an approved graduate degree as defined in these Rules; and (2) designate a supervisor approved by the Board. An individual may not practice as an intern for more than four (4) years from the original date of registration, unless good cause is demonstrated to the board.(\_\_\_)

01. Requirements for Registration. An applicant must meet the following requirements:( )

**a.** Possess a graduate degree in counseling, marriage and family therapy, or a closely related field from an accredited university or college.(

**b.** Designate a supervisor who is registered with <u>approved by</u> the board<u>.</u> as a supervisor as set forth in these rules or who is otherwise approved to provide marriage and family therapy supervision as set forth in Section 238 of these rules.(

**02.** Supervision. The designated supervisor is responsible to provide supervision and ensure that a Registered Intern is competent to practice such counseling or marriage and family therapy as may be provided.

0302. Designation of Intern Status. Only a Registered Intern may use the title Registered Counselor Intern or Registered Marriage and Family Therapist Intern. Registered interns must explicitly state that they are interns in their documentation and advertising, such as business cards, informed consent forms, and other disclosures. (---)

**04<u>03</u>**. **Expiration**. An individual may not practice as an intern for more than four (4) years from the original date of registration, unless good cause is demonstrated to the board.( )

#### 246. -- 249.(RESERVED)

#### 425100.07. Continuing Education.

 $\frac{01.}{000}$  All licensees must complete in each twenty-four-month period preceding the renewal of a license, forty (40) contact hours of continuing education. A contact hour is one (1) hour of actual participation in a continuing education activity, exclusive of breaks.(----)

**01. Contact Hours**. The contact hours of continuing education must be obtained in areas of study germane to the practice for which the license is issued as approved by the Board. No less <u>no fewer</u> than six (6) contact

hours for each renewal period must be in ethics and , which must be specific to legal issues, law, or ethics, and no fewer than six (6) hours in suicide assessment or intervention. Therapeutic workshops, retreats and other self help activities are not considered continuing education training unless specific parts of the experience are applicable to counseling or therapy practice.

## PENDING TEXT 100.07

**07. Continuing Education**. In each twenty-four (24) month period preceding the renewal of a license, all licensees must complete six (6) hours in ethics *and six (6)*, *three (3) hours of boundaries, and three (3)* hours in suicide assessment or intervention. <u>Additionally, licensees are required to comply with the continuing education and competence sections of the Codes of Ethics pertaining to their licensure.(\_\_\_\_)</u>

**02. Documentation of Attendance**. Each licensee must maintain documentation verifying hours of attendance by securing authorized signatures or other documentation from the course instructors, providers, or sponsoring institution. This documentation is subject to audit and must be provide <u>documentation verifying</u> <u>completion of continuing education</u> upon request by the Board or its agent. <u>Prior to reinstatement of an expired</u> <u>license pursuant to Idaho Code Section 67 2614</u>, the licensee will attest to completion of the continuing education requirements of license renewal.(

## 03. Approved Contact Hours, Limitations, and Required Documents.(\_\_\_\_)

**a.** College or University Courses for Credit or Audit. There is no limit to the contact hours that a licensee may obtain in this category during each reporting period. However, all courses are subject to Board approval. For college or university courses, one (1) semester credit equals fifteen (15) contact hours; one (1) quarter credit equals ten (10) contact hours. The licensee must provide the Board with a copy of the licensee's transcript substantiating any hours attended by the licensee.(

**b.** Seminars, Workshops, Conferences. There is no limit to the contact hours that a licensee may obtain in this category during each reporting period. Verifying documentation is a copy of the certificate, or letter signed by course instructors, providers, or sponsoring institution substantiating any hours attended by the licensee.

e. Publications. A maximum of eight (8) contact hours may be counted in this category during each reporting period. Publication activities are limited to articles in journals, a chapter in an edited book, or a published book or professional publication. Verifying documentation is a copy of the cover page or the article or book in which the licensee has been published. For a chapter in an edited book the licensee must submit a copy of the table of contents.

**d.** Presentations. A maximum of eight (8) contact hours may be counted in this category during each reporting period. Class, conference, or workshop presentations may be used for contact hour credit if the topic is germane to the field. A specific presentation given repeatedly can only be counted once. A particular presentation will qualify for contact hour credit one (1) time in a five (5) year period. Only actual presentation time may be counted; preparation time does not qualify for contact hour credit. Verifying documentation is a copy of the conference program or a letter from the sponsor, host organization, or professional colleague.(

e. Clinical Supervision and Case Consultation. A maximum of ten (10) contact hours of received supervision/consultation may be counted in this category during each reporting period. In order to qualify for contact hour credit, supervision/consultation must be received on a regular basis with a set agenda. No credit will be given for the licensee's supervision of others. Verifying documentation is a letter from the supervisor or consultant listing periods of supervision or consultation.(

**f.** Dissertation. A maximum of ten (10) contact hours may be counted in this category during each reporting period. Verifying documentation is a copy of the licensee's transcript and the title of the dissertation.

**g.** Leadership. A maximum of eight (8) contact hours may be counted in this category during each reporting period. Verifying documentation is a letter from a professional colleague listing the position of leadership, periods of leadership, and the name of the organization under which the leadership took place. The following leadership positions qualify for continuing education credits:(\_\_\_\_)

i. Executive officer of a state or national counseling or therapy organization;(

ii. Editor or editorial board service of a professional counseling or therapy journal;(\_\_\_\_)

iii. Member of a national ethics disciplinary review committee rendering licenses, certification, or professional membership;(\_\_\_\_\_)

iv. Active member of a counseling or therapy working committee producing a substantial written product;

v. Chair of a major counseling or therapy conference or convention; or( )

vi. Other leadership positions with justifiable professional learning experiences.( )

**h.** Home Study and On line Education. There is no limit to the contact hours that a licensee may obtain in this category during each reporting period. Home study or on-line courses qualify for contact hours, provided that the course is provided by a Board-approved continuing education provider or a course pre-approved by the Board. Verifying documentation is a copy of the certification that is verified by the authorized signatures from the course instructors, providers, or sponsoring institution and substantiates any hours completed by the licensee. A licensee seeking contact credit for reading a publication must submit results from a test on the information contained within the publication and administered by an independent third party.(

**i.** Board Meetings. Continuing education credit may be granted for a maximum of four (4) hours each renewal period for time spent attending two (2) Board meetings.(\_\_\_\_)

**04<u>02</u>.** Waiver. The Board may waive continuing education requirements for reasons of individual hardship, including health (certified by a medical doctor) or other good cause. The licensee must request such waiver prior to renewal and provide any information requested by the Board to assist in substantiating hardship cases. This waiver is granted at the sole discretion of the Board.

#### 426. 524.(RESERVED)

525200.03. DOCUMENTATION OF Informed Consent and Information Disclosure.

In accordance with Section 54-3410A, Idaho Code, all licensees and registered interns will document the process of obtaining the informed consent of clients at the beginning of treatment and at other times as appropriate. Licensees and interns must adhere to their respective Codes of Ethics and state law in obtaining informed consent and disclosing information to clients. The receipt of the disclosure must be acknowledged in writing by both the client\_-and the licensee or intern, and such disclosure of information concerning their practice must include: the licensee's name, license type, license number, business address and phone number; if the licensee is a supervise, the name of any supervisor, contact information for the supervisor, including address and phone number, and a statement that the intern is practicing under the supervision of licensee; the purposes, goals, techniques, procedures, limitations, potential risks, and benefits of services; the extents and limits of confidentiality; the client's rights to participate in treatment decisions, to seek a second opinion, to file a complaint without retaliation, and to refuse treatment; the fee structure, billing arrangements, and cancellation policy; a statement that the Board regulates the licensee's and intern's practices and providing the Board's phone number and address; and a statement that sexual intimacy is never appropriate with a client and should be reported to the Board.

## PENDING TEXT 200.03

03. Informed Consent and Information Disclosure. The receipt of the disclosure must be acknowledged documented in writing by the client and the licensee or intern, and such disclosure of information must

## Docket No. 24-1501-2301 ZBR Pending Fee Rule

include: the licensee's name, license type, license number, business address and phone number; if the licensee is a supervisee, the name of any supervisor, contact information for the supervisor, including address and phone number, and a statement that the intern is practicing under the supervision of licensee; the purposes, goals, techniques, procedures, limitations, potential risks, and benefits of services; the extents and limits of confidentiality; the client's rights to participate in treatment decisions, to seek a second opinion, to file a complaint without retaliation, and to refuse treatment; the fee structure, billing arrangements, and cancellation policy; a statement that the Board regulates the licensee's and intern's practices and providing the Board's phone number and address; and a statement that sexual intimacy is never appropriate with a client and should be reported to the Board.

**01.** Name, Business Address and Phone Number of Licensee or Intern. If the licensee or intern is practicing under supervision, the statement must include the licensee or intern status as such and the designated qualified supervisor's name, business address and phone number;(\_\_\_\_)

**02.** License Type and License Number, Credentials, and Certifications.( )

<del>03.</del> received:

**04. Theoretical Orientation and Approach**. Counseling or marriage and family therapy;(

Education. Education with the name(s) of the institution(s) attended and the specific degree(s)

**05. Relationship**. Information about the nature of the clinical relationship; fee structure and billing arrangements; cancellation policy;(\_\_\_\_)

06. The Extent and Limits of Confidentiality.( )

**07.** Written Statement. A statement that sexual intimacy is never appropriate with a client and should be reported to the board.(\_\_\_\_)

**08.** Client's Rights. The client's rights to be a participant in treatment decisions, to seek a second opinion, to file a complaint without retaliation, and to refuse treatment.(\_\_\_\_)

**69. Board Information**. The name, address, and phone number of the Board with the information that the practice of licensees and interns is regulated by the Board.(\_\_\_\_)

**<u>526401</u>**. -- 999.(RESERVED)