

**24.15.01 – RULES OF THE IDAHO LICENSING BOARD OF PROFESSIONAL
COUNSELORS AND MARRIAGE AND FAMILY THERAPISTS**

000. LEGAL AUTHORITY.

These rules are promulgated pursuant to Section 54-3402, 54-3404, 54-3405, 54-3405A, 54-3405B, 54-3405C, 54-3406, 54-3410A, Idaho Code. ()

001. SCOPE.

These rules govern the practices of professional counseling and of marriage and family therapy in Idaho. ()

002. INCORPORATION BY REFERENCE.

01. ACA Code of Ethics. The document titled “ACA Code of Ethics,” published by the American Counseling Association (ACA) is herein adopted and incorporated by reference and is available on the ACA website: <https://www.counseling.org/resources/aca-code-of-ethics.pdf>. ()

02. AAMFT Code of Ethics. The document titled “AAMFT Code of Ethics,” published by the American Association for Marriage and Family Therapy (AAMFT) is herein adopted and incorporated by reference and is available on the AAMFT website: https://www.aamft.org/Legal_Ethics/Code_of_Ethics.aspx. ()

003. DEFINITIONS.

01. Supervisor. A clinical professional counselor, marriage and family therapist, psychologist, clinical social worker, or psychiatrist, whose license is active, current, and in good standing and who, when applicable, is approved as a supervisor in the state where the supervisee is practicing. ()

02. Individual Supervision. Individual Supervision is supervision that occurs with no more than two supervisees to one supervisor. ()

03. Group Supervision. Group Supervision is supervision that occurs with three or more supervisees to at least one supervisor. ()

004. -- 099. (RESERVED)

100. LICENSURE.

01. Professional Counselor.

a. Approved Graduate Program. A graduate program that is primarily counseling in nature and is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) or substantially similar and approved by the Board. ()

b. Required Examination. The National Counselor Examination prepared by the National Board of Certified Counselors (NBCC). ()

c. Acceptable Supervised Experience. Four hundred (400) of the one thousand (1,000) hours must be direct client contact and the supervised experience must include a minimum of one (1) hour of individual supervision for every twenty (20) hours of direct client contact. A supervised graduate-level educational experience (i.e. practicum or internship) may be utilized to fulfill this requirement which can be provided by a counselor education faculty member, doctoral student at an accredited college or university, or a site supervisor approved by an accredited college or university.

02. Clinical Professional Counselor.

a. Approved Experience. One thousand (1,000) of the two thousand (2,000) direct client contact hours must be supervised by a licensed clinical professional counselor, with the remaining supervision provided by any supervisor as defined in these rules; and one (1) hour of clinical supervision for every thirty (30) hours of direct client contact, with at least half of the supervised hours involving individual, rather than group, supervision. ()

b. Required Examination. The National Clinical Mental Health Counselor Examination (NCMHCE) prepared by the National Board of Certified Counselors (NBCC). ()

03. Associate Marriage And Family Therapist.

a. Approved Graduate Program. A graduate program in marriage and family therapy or a related field which is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) or the Council for Accreditation of Counseling and Related Educational Programs Marriage, Couple, and Family Counseling (CACREP-MCFC), or is substantially similar and approved by the Board. ()

b. Required Practicum. The practicum must occur over a period of twelve (12) months or longer and require three hundred (300) hours of direct client contact, of which at least one hundred (100) hours must be with two or more individuals conjointly who share an ongoing relationship beyond that which occurs in the therapeutic experience itself. These hours may be completed as part of a practicum, registered intern supervised experience, or supervised experience in another jurisdiction. ()

c. Required Examination. The National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB) or another recognized competency examination in marriage and family therapy that is approved by the Board. ()

04. Marriage And Family Therapists.

a. Approved Graduate Program. A graduate program in marriage and family therapy or a related field accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) or substantially similar and otherwise approved by the Board. ()

b. Required Practicum. See Rule 100.03.b. ()

c. Required Postgraduate Supervised Experience. Two thousand (2,000) hours of direct client contact over a period of at least two (2) years which includes: (1) one thousand (1,000) direct client contact hours with two or more individuals conjointly who share an ongoing relationship beyond that which occurs in the therapeutic experience itself; and (2) two hundred (200) hours of supervision, of which one hundred (100) hours must be individual, rather than group, supervision. One hundred (100) hours must be supervised by a licensed marriage and family therapist, with the remaining one hundred (100) hours of supervision provided by a supervisor who has at least two (2) years of experience practicing marriage and family therapy. ()

d. Required Examination. The National Marital and Family Therapy Examination as approved by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB) or another recognized competency examination in marriage and family therapy that is approved by the Board. ()

05. Foreign Educated Applicants. Applicants with a graduate degree from a country other than the United States may be required to submit a certification from a credential evaluation service that is a member of the National Association of Credential Evaluation Services (NACES). The service must certify that the graduate degree is equivalent to an approved graduate degree from the United States. All information submitted to the Board must be submitted with an English translation.

06. Registered Post-Graduate Interns. A post-graduate intern registration is required to engage in the supervised practice of counseling or marriage and family therapy while completing supervised experience hours or while awaiting examination results. To register as an intern, the individual must: (1) have an approved graduate degree as defined in these Rules; and (2) designate a supervisor approved by the Board. An individual may not

practice as an intern for more than four (4) years from the original date of registration, unless good cause is demonstrated to the board.

07. Continuing Education. In each twenty-four-month period preceding the renewal of a license, all licensees must complete six (6) hours in ethics, three (3) hours of boundaries, and three (3) hours in suicide assessment or intervention. Additionally, licensees are required to comply with the continuing education and competence sections of the Codes of Ethics pertaining to their licensure.

101. -- 199. (RESERVED)

200. PRACTICE STANDARDS

01. Licensees must comply with Board-adopted Code of Ethics pertaining to their licensure. ()

02. Supervision.

a. Registered interns obtaining supervised or postgraduate experience hours must be supervised by a Board-approved supervisor and must explicitly identify themselves as interns in documentation and advertising.

b. To become an approved supervisor, be licensed as a clinical professional counselor or licensed marriage and family therapist document a minimum of fifteen (15) contact hours of relevant education in supervisor training, and have received no discipline in the five (5) years prior to the approval request, provided the Board may approve a supervisor with disciplinary action for failing to complete continuing education requirements. A supervisor must supervise in conformance with statute and the guidelines for supervisors set forth in the ACA or AAMFT Code of Ethics. A licensed professional counselor may be an approved supervisor until July 1, 2026.

03. Informed Consent and Information Disclosure. The receipt of the disclosure must be documented in writing by the client and the licensee or intern, and such disclosure of information must include: the licensee’s name, license type, license number, business address and phone number; if the licensee is a supervisee, the name of any supervisor, contact information for the supervisor, including address and phone number, and a statement that the intern is practicing under the supervision of licensee; the purposes, goals, techniques, procedures, limitations, potential risks, and benefits of services; the extents and limits of confidentiality; the client’s rights to participate in treatment decisions, to seek a second opinion, to file a complaint without retaliation, and to refuse treatment; the fee structure, billing arrangements, and cancellation policy; a statement that the board regulates the licensee’s and intern’s practices and providing the board’s phone number and address; and a statement that sexual intimacy is never appropriate with a client and should be reported to the board.

201. -- 399. (RESERVED)

400. FEES.

TYPE	INITIAL FEE	ANNUAL RENEWAL FEE
Application	\$100	
License	\$100	\$120
Intern Registration	\$25	
Reinstatement Fee	As provided in Section 67-2614, Idaho Code	

MFT Examination and Reexamination	\$25	
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401. -- 999. (RESERVED)