



State of Idaho  
Division of Occupational and Professional Licenses  
Board of Naturopathic Health Care

**BRAD LITTLE**  
Governor  
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### Board Meeting Minutes of 10/16/2024

**Board Members Present:** Dr. Tilden Sokoloff, Chair  
Mark Dunlap  
Dr. Lynn Hansen  
**Division Staff:** Dr. Nicki Chopski, Executive Officer  
Russell Spencer, General Counsel  
Pam Rebolo, Board Support Supervisor

**Board Members Absent:** Dr. Steven Mings  
Christy Perry

The meeting was called to order at 1:00 PM by Tilden Sokoloff.

#### Approval of Minutes

A motion was made and seconded to approve the 04/10/2024 minutes. The motion carried.

#### DIVISION BUSINESS

**Strategic Plan:** Dr. Chopski reviewed the Division's updated strategic plan and presented the licensing report to the Board.

**Licensing System Update:** Dr. Chopski gave a brief overview of the new licensing system.

**Financial Update:** The Board reviewed the financial report. Dr. Chopski noted that initial licenses and registrations were issued in accordance with the annual fee promulgated in rule by the Board and approved by the legislature, but the expiration dates were set for biennial renewal. The division staff is reviewing the process and preparing a notice to go to the licensees and registrants. The Board expressed their preference for correction is that the staff invoice for the fee of the additional year over the option to reduce the expiration date to one year.

**Board Training – Public Member Training:** Mr. Spencer presented the Public Member training to the Board. Respectful Workplace training was tabled to a future meeting.

#### BOARD BUSINESS

**Formulary Committee Recommendations:** A motion was made and seconded to accept the following recommendations from the Naturopathic Formulary Committee:

- 1) to restrict licensees from the use of antineoplastic agents on the NIOSH List of Hazardous Drugs and
- 2) to place no additional limits on licensees who have underlying authority to prescribe schedule II-V drugs that maintain an unrestricted DEA registration.

The motion carried.

**General Scope of Practice:** Mr. Spencer discussed the scope of practice for naturopathic doctors according to Idaho Code 54-5906. General to all naturopathic doctors, regardless of underlying license, the scope includes the following: Diagnosis and treatment of conditions affecting the human body, including vitamins, minerals, or other natural methods; diagnosis and care of patients using a system of practice that bases treatment of physiological functions and abnormal conditions on natural laws governing the human body, including utilizing physiological, psychological, and mechanical methods, electromagnetism, therapeutic exercise, homeopathic medicine, decompression, traction, biofeedback, electrotherapy, physiotherapy, mechanotherapy, naturopathic corrections, neurofeedback, natural methods and substances that support hormonal and cellular health, phytotherapy, and food and herb therapies; and physical examination procedures and laboratory procedures, including ordering imaging and diagnostic tests for purposes of diagnosis.

The naturopathic doctor license, by itself, does not permit the prescribing of legend drugs. However, consistent with the formulary adopted by the board, licensed naturopathic doctors may obtain and administer legend drugs to treat their patients in accordance with the generalized scope. Of course, licensed naturopathic doctors whose underlying license includes prescriptive authority will continue to have that authority with the underlying license.

Following discussion, the Board directed staff to work with the Board of Pharmacy to ensure that licensed naturopaths would have the necessary access for the above to occur.

**2025 Meeting Dates:** The 2025 meeting dates for the Naturopathic Health Care Board meetings are as follows: February 5; May 7; August 29; November 5.

**Public Comment:** Brian Berry thanked the Board and DOPL staff for their continued work.

### **Adjourn**

There being no further business, the meeting was adjourned at 2:07 PM.

The next meeting is on 02/05/2025.