



# THE REPORT

*September 2025*

*Public Protection  
through fair and  
impartial application  
and enforcement of  
practice acts*



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## *Popular Treatments and the Medical Provider*



In recent years there has been a rapid growth in businesses offering elective medical services ranging from aesthetics to weight loss and other treatments designed at increasing longevity. The business models vary; some are owned by health care professionals such as nurses and physicians, and others by aestheticians or business professionals. These facilities have been a topic of interest for the Boards of health care professions across the Nation. When licensees of health professions participate in any realm of health care, it is imperative that they follow the statute and rules regulating their profession. Idaho Physicians are regulated by Idaho statute ([Medical Practice Act](#)) and rules ([IDAPA 24.33.01](#)).

Most of the services provided by facilities providing aesthetic treatments do not require medical personnel. However, facilities that provide treatments such as prescription weight loss injections, IV hydration, and botulinum toxin injections often hire medical directors to prescribe these treatments.

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The medical director is a term not found in any of the health profession's statutes or rules. That being said, when prescribing any medication, those with prescriptive authority (physicians, physician assistants, advanced practice registered nurses, dentists, and naturopathic medical doctors) must follow the statute/rules that regulate their profession. Therefore, a physician working as a medical director must establish a physician-patient relationship and maintain adequate records that contain at a minimum, subjective information, an evaluation and report of objective findings, assessment or diagnosis, and the plan of care for all the patients for whom they provide a prescription.

The Idaho Board of Medicine also has very specific rules related to supervision and cosmetic treatments that can be found in IDAPA 24.34.01 section 200.04.

Another important consideration when treating patients is the dispensing of medication. If medication is sent home with a client from the clinic, that clinic must register with the Board of Pharmacy as a [Prescriber Drug Outlet](#). This registration is not required if treatments are only administered in the clinic and no medication is sent home with the patient.

Allowing another person or organization to use a physician's license or permit to practice their own profession is grounds for discipline.

As always, it is essential to understand the statute and rules that regulate physician licensees to protect not only the public but the licensee as well.

Statutes and rules of the Idaho Board of Medicine can be accessed from the Board of Medicine [website](#).



## Fraudulent Activity and GLP-1 Drugs

The Center for Drug Evaluation and Research recently sent a letter to the Federation of State Medical Boards, the National Council of State Boards of Nursing, and the National Association of Boards of Pharmacy concerning fraudulent activity associated with compounded GLP-1 (glucagon-like peptide-1 (GLP-1) receptor agonist) drugs.

GLP-1 drugs such as semaglutide and tirzepatide are popular treatments for weight loss management. Compounded GLP-1 drugs are often prescribed as an alternative to the branded medications. It has been alleged that some distributors (most often third parties such as telehealth platforms, marketing firms, etc.) are providing unapproved GLP-1 drugs either falsely labeled with the name of a state-licensed pharmacy or a fictitious state-licensed pharmacy.

Not only do some pharmacies named on the product labels not exist, but there have been cases where the product contains harmful and/or no active ingredient. An increasing number of serious adverse events are being reported due to the use of compounded versions of semaglutide and tirzepatide from unauthorized sources and fraudulent pharmacies.<sup>1</sup>

Essentially, health care providers and patients alike must be aware of possible exposure to these fake and potentially unsafe drugs.

Resources on safely obtaining prescription drugs include the FDA's [BeSafeRx](#) and [Know Your Source](#) campaigns.

### Resources:

1. US Food & Drug Administration. (2025). FDA's Concerns With Unapproved GLP-1 Drugs Used for Weight Loss. [FDA's Concerns with Unapproved GLP-1 Drugs Used for Weight Loss | FDA](#)

# Certification of “No Dispensing of Controlled Substances” no longer a required document for RDO, NDO, and PDO’s

The Certificate of No Dispensing of Controlled Substances form is no longer required for the following Idaho licensed or registered drug outlets:

- Resident Drug Outlet (RDO)
- Non-Resident Outlet (NDO)
- Prescriber Drug Outlet (PDO)

According to Idaho Statute [37-2730A](#)(1). Prescription Tracking Program. Data collected pursuant to this subsection shall be reported by the end of the business day by all drug outlets that dispense controlled substances in or into Idaho for human patients.

Drug outlets licensed to dispense legend drugs in or into Idaho for human patients who do not dispense controlled substances previously were required to submit a form called “**Certification of No Dispensing of Controlled Substances**” that would exempt the drug outlet from reporting to the Prescription Tracking Program clearinghouse.

With the implementation of the new licensing system (OASIS), specific questions have been added to the initial and renewal applications, removing the need for the form.

Questions regarding 'Dispensing' for initial ownership, address changes, and renewals are as follows:

- **The Resident Drug Outlet application asks,** “Will you be dispensing controlled substances?”
- **The Non-Resident Drug Outlet application asks,** “Will this facility be shipping controlled substance medications into Idaho?”
- **The Prescriber Drug Outlet application asks,** “Will you be dispensing controlled substances?”

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Be sure to answer the question based on the following definition to avoid unnecessary issues with reporting requirements.

**According to Idaho Statute 54-1704(11) Definitions.**

“Dispense” or “dispensing” means the preparation and delivery of a drug pursuant to a lawful prescription drug order of a practitioner in a suitable container appropriately labeled for subsequent administration to or use by a patient or other individual entitled to receive the prescription.

The administration of controlled substances refers to the delivery of a drug in any situation other than usage by the patient.

## **The Federation of State Medical Boards Launches *Care Matters***

### **Every Moment of Care Matters**

Making decisions about your and your family’s health is among the most significant priorities in your life. The work of state medical boards ensures that the care you count on can be trusted. Because great care isn’t just medical, it’s personal. To learn more, explore the work of state medical boards below.



The videos can be accessed via the [Carematters.org](https://www.carematters.org) campaign website.



### Struggling in Silence? You're Not Alone—Help Is Here for Health Professionals

You entered your profession to care for others. But who's caring for you?

If you're a health professional silently battling substance use or mental health challenges—or if someone you love is—it's time to take the first step toward healing. The **Health Professionals Recovery Program (HPRP)** is here to support you with compassion, not judgment.

Addiction and mental health struggles don't discriminate. They can affect anyone—even the most dedicated and high-achieving professionals. Research shows that punishment doesn't stop addiction. But individualized, caring support does. That's exactly what this program offers: a confidential path forward that protects your well-being, your career, and your future.

**You don't have to wait for things to get worse. You don't have to face it alone.**

Ask yourself:

- Are you feeling overwhelmed, burned out, or unlike yourself?
- Is someone you care about in the medical field showing signs of struggle?
- Do you want to regain a sense of peace, purpose, and control?

You don't have to hit rock bottom to get help. You just have to take the first step.

You are not broken. You are not alone. You are human—and help is available.

Many have walked this path before you and found a better, healthier life on the other side. If you're unsure about reaching out, consider attending a virtual or in-person meeting through [International Doctors in Alcoholics Anonymous \(IDAA\)](#)—a non-judgmental, confidential community of peers who understand exactly what you're going through.

Take back your direction. Reclaim your strength. We're here when you're ready.

**Contact:** Tabitha Edwards ☎ (208) 817-6189 ✉ [Tabitha.Edwards@dopl.idaho.gov](mailto:Tabitha.Edwards@dopl.idaho.gov)

🌐 [dopl.idaho.gov/health-professionals-recovery-program](https://dopl.idaho.gov/health-professionals-recovery-program)

# 2025 Board Meeting Schedules

## Board of Medicine

- 11/13/2025

## Physician Assistant Advisory Committee

- 10/21/2025

## Allied Health Advisory Board

- 10/08/2025

## Committee on Professional Discipline

- 10/16/2025

## Maternal Mortality Review Committee

- 11/07/2025

All Meetings will be held at:

**11341 W Chinden Blvd.**

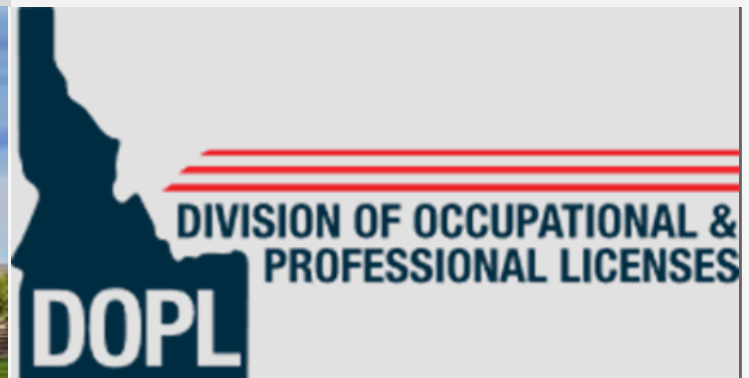
**Building 4**

**Boise, ID 83714**

**Room: TBD**

For meeting updates visit:

[Home - DOPL \(idaho.gov\)](https://www.idaho.gov/DOPL)



## Idaho State Board of Medicine

Phone: 208-344-3233 Fax: 208-327-7005

E-mail: [hp-licensing@dopl.idaho.gov](mailto:hp-licensing@dopl.idaho.gov); Visit our Website at <https://dopl.idaho.gov/bom/>



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