

2022 MATERNAL DEATHS IN IDAHO

Summary of Findings by the Maternal Mortality Review Committee

Idaho Board of Medicine

In 2022, there were 10
Pregnancy-Associated
Deaths* (PAD) in Idaho

**death of a woman while pregnant OR within
one year of pregnancy, regardless of cause*

Of these, 2 were
classified as Pregnancy-
Related Deaths* (PRD)

**death due to pregnancy complications, events
initiated by pregnancy, or aggravation of an
existing condition by pregnancy*

40% of PAD
occurred in women
aged **30-40**

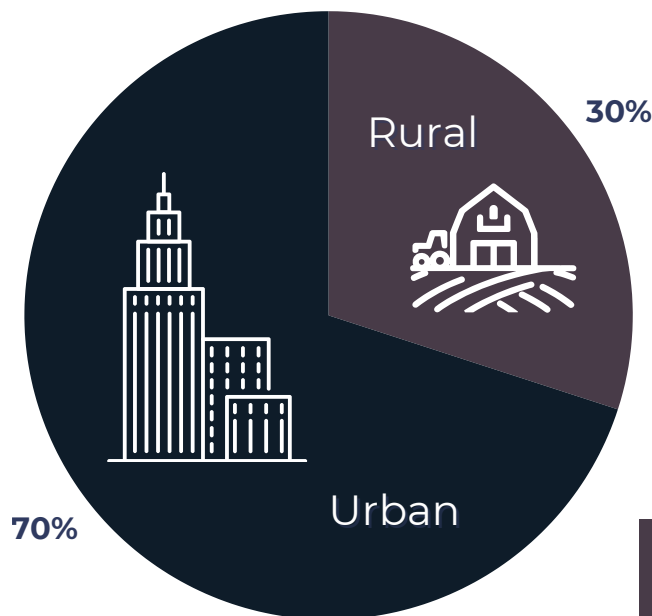
2022 Pregnancy-Related Causes of Death

Infection or Sepsis (50%)

Hemorrhage (50%)

No pre-existing comorbidities
were identified in either PRD.

County of Residence Prior to Pregnancy- Associated Death



Idaho & MICH-04
Pregnancy-Related
Mortality Ratios

8.94*

**PRD per 100,000 live births*

The committee determined that all PAD in 2022
were either somewhat or likely preventable.

The Maternal Mortality Review Committee (MMRC) is a multidisciplinary group that comprehensively reviews deaths that occur during or within 1 year of the end of a pregnancy.

Its purpose is to identify and analyze maternal deaths to determine if pregnancy was a contributing factor to the mother's death. All cases presented to the MMRC are de-identified and are not used for disciplinary action by the Board of Medicine.

Key Recommendations

1. When postpartum patients report any new or concerning symptoms, providers and other healthcare personnel should have a low threshold for recommending an in-person evaluation or emergency care.
2. Use shared decision-making to plan for potential complications or emergency situations when a patient's religious, moral, or cultural beliefs may require accommodations to maintain compliance with standard of care.
3. Birthing facilities, including hospitals with limited resources, should have a contact hospital available for consultation and potential transfer in emergency situations beyond the resource capabilities of that facility.

Resources

Idaho Crisis and Suicide Hotline: call or text 9-8-8 or visit the website at <https://idahocrisis.org/>.

Idaho Health and Welfare:

- Directory of agencies that provide services and financial aid for pregnancy and child health.
- List of resources for individuals struggling with substance use disorder, including pregnant and post-partum women.

