

2024 MATERNAL DEATHS IN IDAHO

Summary of Findings by the Maternal Mortality Review Committee

Idaho Board of Medicine

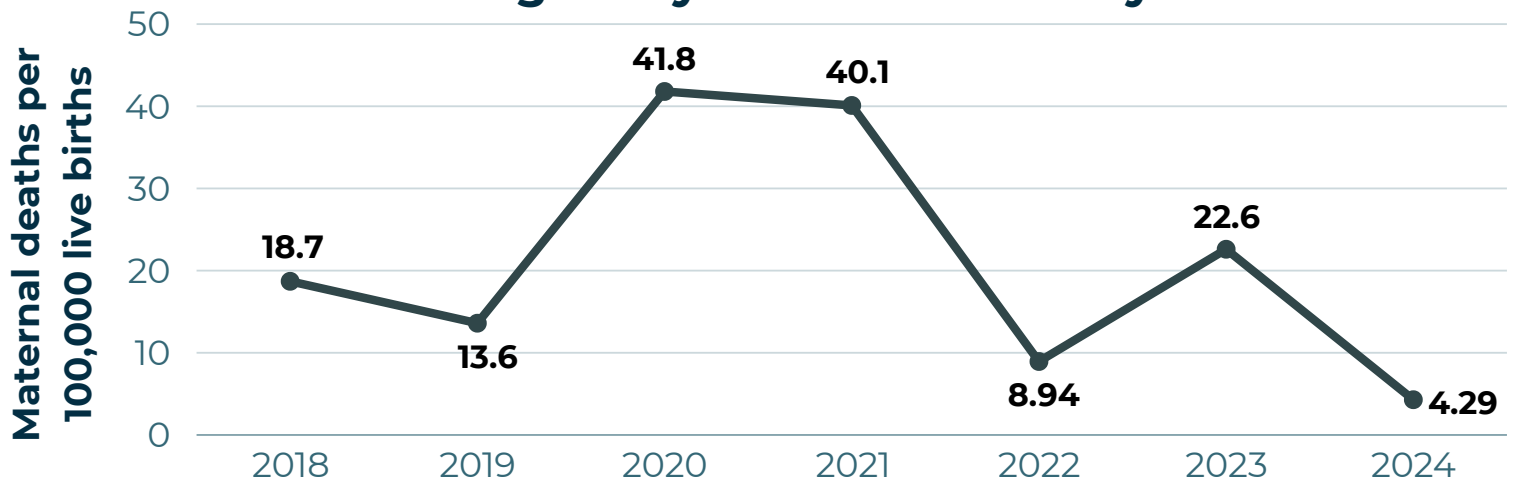
In 2024, there were 6
Pregnancy-Associated
Deaths* (PAD) in Idaho

**death of a woman while pregnant OR within
one year of pregnancy, regardless of cause*

Of these, 1 was classified
as a Pregnancy-Related
Death* (PRD)

**death due to pregnancy complications, events
initiated by pregnancy, or aggravation of an
existing condition by pregnancy*

Idaho Pregnancy-Related Mortality Ratio



Pregnancy-Related Causes of Death from 2020-2024

Mental Health Condition - 34.6%

Infection or Sepsis - 26.9%

Hemorrhage 11.5%

Neurologic/
Neurovascular 11.5%

Other - 15.3%

All 6 PAD in 2024
involved women who
lived in an urban county.

Most cases (83%) occurred
between 43 days and 1
year postpartum.

The Maternal Mortality Review Committee (MMRC) is a multidisciplinary group that comprehensively reviews deaths that occur during or within 1 year of the end of a pregnancy.

Its purpose is to identify and analyze maternal deaths to determine if pregnancy was a contributing factor to the mother's death. All cases presented to the MMRC are de-identified and are not used for disciplinary action by the Board of Medicine.

Key Recommendations

1. Promote proper triage of patient complaints during the postpartum period as a crucial step in preventing complications, including maternal death.
2. Healthcare providers should familiarize themselves with available mental health resources for pregnant and postpartum women.
3. Since the inception of the Idaho MMRC, inconsistencies have been observed among county coroners, including the number of incorrectly marked cases (e.g. indicating pregnant or postpartum status when not applicable) and variations in record availability. Consider reviewing the current regulatory requirements to ensure standardization if deemed necessary and appropriate.

Resources

Idaho Crisis and Suicide Hotline: call or text 9-8-8 or visit the website at <https://idahocrisis.org/>.

Idaho Health and Welfare:

- Directory of agencies that provide services and financial aid for pregnancy and child health.
- List of resources for individuals struggling with substance use disorder, including pregnant and post-partum women.

